



**SCHOOL OF EDUCATION AND HUMAN DEVELOPMENT
DEPARTMENT OF KINESIOLOGY AND SPORT SCIENCES**

**Nutrition for Health & Human Performance
30-credit degree program (NTEX_MSED)**

Course Sequence Plan

Date _____ Student Name _____

Student ID/C# _____ EMPL ID/5# _____ E-Mail _____

Address _____ City _____ State _____ Zip _____

Faculty Advisor Signature _____ Student Signature _____

Submit approved CSP to: Max Orovitz 311 OR to pcapps@miami.edu Info at: 305-284-5663

TO THE STUDENT: IMPORTANT. READ THE FOLLOWING AND SIGN WHERE INDICATED ABOVE, WHICH WILL ACKNOWLEDGE THAT YOU HAVE READ AND UNDERSTAND ITEMS 1 THROUGH 6 LISTED BELOW:

1. You have satisfied all Admission's Conditions, *if applicable*.
2. The Graduate Course Sequence Plan (CSP) must be filed in the Office of Graduate Studies (Max Orovitz 311) by the end of the first semester of enrollment for master's students.
3. Indicate the term and credits for each course in which you are to enroll.
4. Include all courses that you are required to take or this form will be returned to you to complete.
5. An approved [Course Substitution form](#) must be on file for all course(s) taken outside this CSP.
6. Courses are subject to availability and time/semester offered is subject to change.

Required Courses (18-credits)	Credits / Grade	Semester
KIN 638 Nutrition during the Lifecycle	3 / _____	
KIN 645 Therapeutic Lifestyle to Combat Chronic Disease	3 / _____	
KIN 650 Nutritional Biochemistry	3 / _____	
KIN 669 The Foundations of Exercise Programming	3 / _____	
KIN 677 Advanced Nutrition for Health and Fitness	3 / _____	
KIN 698 Professional Training and Counseling for Integrative Health 1	3 / _____	
Eligible Electives (12-credits) <i>Select four 3-credit courses from the following:</i>	Credits / Grade	Semester
KIN 623 Food Science and Management Principles	3 / _____	
KIN 627 Community and Global Nutrition	3 / _____	
KIN 634 Integrative and Functional Nutrition	3 / _____	
KIN 639 Dietary Supplements and Human Performance	3 / _____	
KIN 655 Medical Nutrition Therapy	3 / _____	
KIN 679 Principles of Exercise Prescription/Assessment: Cardiovascular	3 / _____	
KIN 699 Advanced Programming for Endurance Athletes	3 / _____	
KIN 781 Issues Specific to Women's Health	3 / _____	
KIN 784 Energetics of Obesity and Weight Management	3 / _____	
KIN 785 Neurological Mechanisms of Weight Regulation	3 / _____	
KIN 794 Advanced Individual Study	3 / _____	
KIN 800 Supervised Practicum	3 / _____	
KIN XXX _____	3 / _____	