

UNIVERSITY OF MIAMI
SCHOOL of
EDUCATION



Curriculum Vitae

Anabel Bejarano, Ph.D.

**Clinical Assistant Professor and Director, Master's Programs in Counseling
Department of Educational and Psychological Studies**

2011-09-23

School of Education, Merrick Bldg.
University of Miami
Coral Gables, Florida 33124-2040

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Research and clinical interests: attachment; child and adolescent psychotherapy; interpersonal violence and trauma, immigration and acculturation, professional development of Latino psychology trainees; mental health disparities impacting Latino groups; and social justice perspective in pedagogical and psychotherapeutic practice.

EDUCATION AND TRAINING

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| 2005 | California Licensure in Psychology |
| 2002- 2003 | Postdoctoral Fellow, Mount Sinai School of Medicine, Department of Pediatrics, New York City. Focus: childhood trauma (domestic violence, physical and sexual abuse). |
| 2001 | New York State Licensure in Psychology |
| 2000 | Ph.D. in Clinical Psychology
The City University of New York, Graduate School & University Center
Dissertation Title: <i>Latino Mother-Child Dyads: Attachment, Psychosocial Stressors, Mother's Perception of the Infant, and Quality of Dyadic Interaction</i> . Chair: Vera S. Paster, Ph.D. |
| 1989 | B.A. Psychology and Sociology, Cum Laude
Queens College, City University of New York |
| 1984-1986 | Queensborough Community College, City University of New York |

TEACHING EXPERIENCE

- 2011- Present *Clinical Assistant Professor*, University of Miami, Department of Educational and Psychological Studies (EPS) in the School of Education
Coordinator, Counseling Master's Program, Department of EPS
- 2007- 2011 *Assistant Professor*, CSPP/Alliant International University, Psy D Program, San Diego Campus.
Courses taught: Life Span Developmental Psychology; Multicultural Competency; Clinical Consultation Group, Dissertation Development Group.
New courses developed: Latino Youth Development.
*Developed and facilitated a professional development group for ALANA (African-Latino/a-Asian-Native American) students.
- 2006- 2007 *Assistant Clinical Professor*, UCSD, Department of Psychiatry
Provide individual and group supervision within the psychology pre-doctoral internship program and psychiatry residency program; lectures on culturally responsive treatment issues with Latino clients; presentations on childhood trauma and psychotherapy.
- 2003-2004 *Clinical Instructor*, Mount Sinai School of Medicine, New York City, Department of Pediatrics. Provided a focus on: children's behavioral and psychological symptoms following traumatic experiences; psychological effects of physical and sexual abuse; the role of pediatricians in addressing childhood trauma.
- MA-level Graduate Students**
- Spring, 2006 Sexually Abused Latino Children, Guest Lecturer, MFT Program at Fuller Seminary, Pasadena, CA
- Spring, 2005 Bilingualism and Psychotherapy, Guest Lecturer, MFT Program, San Diego State University
- Spring, 2001 Psychology of Adolescence, Guest Lecturer, College of St. Elizabeth, NJ
- Spring, 2001 Psychopathology, Guest Lecturer, College of St. Elizabeth, NJ
- Undergraduate Students**
- Fall, 2000 Child Psychology, Guest Lecturer, College of St. Elizabeth, NJ

CLINICAL EXPERIENCE

- 2005-2011 Private Practice: Sole Practitioner, San Diego, CA.
Psychodynamic treatment incorporating cognitive behavioral theory and techniques with adults, adolescents and children. Individual, parent-child, and family modalities. Psychological and forensic evaluations. Specialty in parenting issues, childhood trauma, Latino mental health issues. Services in Spanish.
- 2005-2007 Rady Children's Hospital/ UCSD, Department of Psychiatry
Supervising Psychologist: individual and group supervision of psychology interns; group supervision of psychiatry residents and

unlicensed staff; maintain psychotherapy caseload; screen and assign psychological testing referrals; provide psychological testing in Spanish; provide cultural competence consultation to staff treating Latino families; participate in weekly treatment team meetings.

- 2005- 2007 San Diego Youth & Community Services, Consultant
B-SAFFE Anti-Trafficking in Persons Project
Project Manager: Manolo Guillen
Provide training to law enforcement and mental health agencies on cultural competence and trauma related to human trafficking.
- 2002 – 2004 Mount Sinai School of Medicine, New York City
Postdoctoral Fellow and Faculty appointment: Clinical Instructor,
Department of Pediatrics, Child & Family Support Program.
Direct outpatient care in the provision of trauma-focused psychological assessments and treatment with abused children (sexual/ physical/ domestic violence) ages 3-14 and their families. Patient community is primarily poor and working class African American, Latino and Caribbean. Treatment is an integration of psychodynamic and cognitive behavioral approaches within a sociocultural contextual framework. Case management includes interdisciplinary collaboration with medical professionals and inter-agency collaboration with varied professionals (district attorneys, law enforcement officials, schools, child protective agencies) and in-court testimony as needed.
- 2001- 2004 Private Practice: Sole Practitioner, New York City
Psychodynamic psychotherapy incorporating cognitive behavioral theory and techniques within a sociocultural framework. Provide individual psychotherapy to children, adolescents and adults within a primarily racial and ethnic minority population. Treatment issues include trauma, depression, anxiety, immigration and acculturation issues, ethnic identity and self-image issues, obesity, procrastination, and relationship difficulties. Services in Spanish.
- 1998 –1998 Columbia Presbyterian Medical Center, Pediatric Psychiatry, New York
Psychometrist: administered standardized cognitive and intelligence scales to children and adolescents. Supervisor: Rita Haggerty, Ph.D.
- 1997 – 1998 Columbia Presbyterian Medical Center/NYS Psychiatric Institute, NYC.
APA-approved Pre-doctoral Clinical Internship. Conducted diagnostic assessments of and psychological treatment of adults, children and adolescents within a low-income racially and ethnically varied neighborhood, provided individual psychotherapy, family therapy, group psychotherapy and parent-child dyadic therapy; led CBT groups for ADHD children and their parents; completed rotation in anxiety disorders with children; cognitive and intelligence testing of adults and children.
- 1994 – 1997 Brooklyn Center for Families in Crisis, Inc., New York
Psychotherapist: Individual long-term outpatient psychodynamic psychotherapy (children, adolescents, adults, couples, families) within an

ethnic minority population. Sessions in English and Spanish.
Supervisors: Michael Stark, Ph.D., and Christine Ranzoni, CSW.

- 1992 – 1994 Grosvenor Neighborhood House, Inc., New York City
Psychotherapist, After School Program. Individual psychodynamic play therapy with children ages 8-12; parental psychoeducation; child advocacy within school system. Client population was primarily Latino, first and second generation immigrants. Youth Counselor, Comprehensive Teen Program. Provided crisis intervention, individual, family and group counseling. Supervisor: Elise Swenson, MSW.
- 1991 – 1993 New York State Psychiatric Institute, New York City
Clinical Interviewer. Administered standardized diagnostic psychiatric scales to adult and adolescent study participants; compilation of interview narratives; translation of research instruments (English to Spanish). Supervisor: Christina Sobin, Ph.D.
- 1990 – 1995 City College of the City University of New York, The Psychological Center. Doctoral Candidate: Supervised clinical training included intakes of outpatients; psychological testing (children and adults); long-term psychodynamic therapy with college undergraduates as well as with children, adults, and families living in the primarily racial and ethnic minority catchment area. Sessions conducted in Spanish as needed.
- 1990 – 1991 City College of the City University of New York, Peer Support Program
Assistant Director: organized curriculum and training methods for peer to peer support program within an ethnically diverse student body, teaching assistant in counseling courses, trained and supervised peer counselors; coordinated informational workshops for undergraduates.
- 1989 – 1990 Lenox Hill Hospital, New York
Psychiatric Ward Mental Health Technician. Co-therapist in co-ed group psychotherapy sessions with depressed and dual-diagnosis inpatients. Supervisor: Lisa Levine, RN.
- 1988 – 1989 Queens College, CUNY, Counseling & Advisement Center.
Student Coordinator of Peer Advisement Program. Teaching assistant in practicum courses with a diverse undergraduate student body; design and direct training workshops; selection and supervision of program participants.

RESEARCH EXPERIENCE

- 2008- 2010 Analysis of variables accounting for psychiatric hospitalizations in a rural community in El Centro, CA. Data based on 451 patients, primarily Latinos, seen at the local crisis clinic between September 2007 and March 2008.
- 2003- 2004 Mount Sinai School of Medicine, Department of Pediatrics, NYC
Clinical Instructor. Role: Co-Investigator. PI: Danielle Laraque, MD.

Developed a Mount Sinai IRB-approved research protocol entitled *Child and Family Support Program: Symptoms of children referred for suspected abuse*. Study focus: assessment of psychological and behavioral symptoms exhibited by ethnic minority children following experiences of sexual abuse, in relation to their non-offending caretaker's psychological symptoms and functioning, caretaker abuse history, and caretaker degree of acculturation. Study not supported by external funding.

1998 - 2002

New York State Psychiatric Institute, Department of Neuroscience, NYC
Research Scientist I

Supervision and training of clinicians on standardized psychiatric measures of Axes I and II, scales for suicidal ideation, scales for aggression and impulsivity, training of clinicians in the administration of measures in Spanish. Clinical diagnostician of inpatients, outpatients and normal controls using standardized psychiatric measures for the following research protocols: Familial Pathways to Early Onset Suicide Attempts (PI, Dr. John Mann); Pharmacotherapy of High Risk Bipolar Disorder (PI, Dr. Maria Oquendo); PET Mapping of Serotonin Receptor Differences in Unipolar Major Depression (PI, Dr. John Mann). Provided Family Focused Therapy for the Pharmacotherapy of High Risk Bipolar Disorder study. All studies funded by NIH.

1994 – 1997

College of Physicians & Surgeons of Columbia University, and Queens College, CUNY. Research Assistant

Longitudinal study on the developmental effects of prenatal drug exposure on infants from a diverse racial and ethnic community sample. Literature review; coding of videotaped clinical interviews; clinical analysis of videotaped interactions of mother-infant dyads.
PI: Helen L. Johnson, Ph.D.

1989 – 1990

Fordham University, Hispanic Research Center, Bronx, NY.
Research Assistant.

Evaluation of bilingual and bicultural psychiatric wards at several sites; primary data collection; preparation of field notes and reports.
PI: Orlando Rodriguez, Ph.D.

PUBLICATIONS IN PROGRESS: 2011

Bejarano, A. Multiculturalism and Pedagogy: Addressing resistance in the classroom. In progress.

Vargas, H.L., & Bejarano, A. A liberation oriented network approach for bridging social capital among Latino immigrants. Manuscript in progress.

PUBLICATIONS

Camacho, A., Ng, B., **Bejarano**, A., Simmons, A. & Chavira, D. (2010). Crisis visits and psychiatric hospitalizations among patients attending a community clinic in rural southern California. *Community Mental Health Journal*. First published online October 6, 2010, doi 10.1007/s10597-010-9350-0

- Bejarano, A.** (2009, Fall). Pedagogy and the social justice approach in clinical training. *Center for Integrative Psychology Newsletter*, Vol. 8, Issue 1, p. 5.
- Bejarano, A.** (2009, September/October). [Review of the book *Interviewing Clients across Cultures: A Practitioner's Guide*, by L.A. Fontes]. *The California Psychologist*, Vol. 42, No. 5.
- Bejarano, A.** and Padrón, E. (2009, August). Mentoring students of color: Lessons learned. *Communiqué*. American Psychological Association: Washington, DC.
- Bejarano, A.** (2009, March/April). Division VII: Might this be your professional home within CPA? *The California Psychologist*, Vol. 42, No. 2.
- Kawahara, D. and **Bejarano, A.** (2009). Women of color and the glass ceiling in higher education. In Lau Chin, J. (Ed). *Diversity in Mind and in Action*, p. 61-72. Westport, CN: Praeger Press.
- Nicolas, G., DeSilva, A., **Bejarano, A.**, & Desrosiers, A. (2008). A descriptive evaluation of religiosity among Haitian immigrants: An empirical study. *Journal of Haitian Studies*, 13 (2).
- Bejarano, A.** (2004). Reflections on Child Abuse Work. *The Clinical Psychology of Ethnic Minorities: Newsletter of Division 12, Section VI, American Psychological Association*. Vol. 13, No. 2.
- Bejarano, A.** (2004). Establishing a Private Practice. *The Feminist Psychologist: Newsletter of the Society for the Psychology of Women, Division 35, American Psychological Association*. Vol. 31, No. 4.
- Bejarano, A.** (2000). Latino Mother-Child Dyads: Attachment, Psychosocial Stressors, Mother's Perception of the Infant, and Quality of Dyadic Interaction. Unpublished doctoral dissertation, The City University of New York, NY.
- Johnson, H.L., Johnson, P.B., Nusbaum, B.J., Glassman, M.B., **Bejarano, A.**, Rosen, T.S. (1999). Depressive Symptomatology in African-American, Dominican, Irish-American, and Puerto Rican Women. *Journal of Gender, Culture, and Health*, Vol. 4, No. 1, 49-60.

PROFESSIONAL PRESENTATIONS

- Bejarano, A. (2011). Latinos and Intimate Partner Violence. Invited presentation at *The STOP Program: Understanding & Treating Domestic Violence in the 21st Century*, May 7, 2011. San Diego, CA.
- Bejarano, A. (2011). The Impact of Immigration and the Role Psychology Can Play. Presented at the Annual California Psychological Association Convention, April 9, 2011. San Diego, CA.
- Bejarano, A. (2011). Parity & Health Care Reform: Implications for Professional Psychologists in Education, Training, and Practice. Presented at the Annual California Psychological Association Convention, April 9, 2011. San Diego, CA.

- Bejarano, A. (2010). Cultural Competence and Evidence Based Treatments. Invited presentation for the SALUD County Grant, September 22, 2010. Chula Vista, CA.
- Bejarano, A. (2010). Clinical Interviewing Across Cultures. Presented at the Annual Fall Conference of the San Diego Psychological Association. October 9, 2010. San Diego, CA.
- Bejarano, A. (2010). ALANA Professional Development Group: A Framework. Presented at the 118th Annual Convention of the American Psychological Association. August, 2010. San Diego, CA.
- Bejarano, A. (2010). Integrating Multiculturalism and Feminism into Training. Presented at the 118th Annual Convention of the American Psychological Association. August, 2010. San Diego, CA.
- Bejarano, A. (2010). 1st Annual CPA Diversity Institute. Beyond Cultural Competency: Strategies for Clinical Practice, Training, and Education. Presented at the Annual California Psychological Association Convention, April 15, 2010. Costa Mesa, CA.
- Bejarano, A. (2009). Latina Clients: Treatment Recommendations. Invited in-service workshop for the pre-doctoral internship program at Cal State San Marcos, December 15, 2009.
- Bejarano, A. (2009). Multicultural Issues in Psychotherapy: Guiding your Trainee toward Cultural Competence. Presented as a Continuing Education workshop for supervisors at the California School of Professional Psychology, San Diego campus, December 4, 2009.
- Bejarano, A. (2009). Family Violence in Latino Families. Presented as a Continuing Education workshop for the San Diego Psychological Association, May 30, 2009.
- Bejarano, A. (2009). Pedagogical strategies for increasing cultural competency and reducing resistance. Presented at the Annual California Psychological Association Convention, April 18, 2009. Oakland, CA.
- Bejarano, A. (2009). Diversity Town Hall Meeting: Making Cultural Consciousness a Reality Presented at the Annual California Psychological Association Convention, April 16, 2009. Oakland, CA.
- Bejarano, A. (2009) Treatment of *Childhood Trauma: Cultural Considerations with Latino Clients*. Invited two-day workshop at Southern University at New Orleans, School of Social Work, February 6-7, 2009. New Orleans, L.A
- Bejarano, A. (2008). Childhood Sexual Abuse and Latino Children: Cultural Considerations. Presented at the 8th Annual Diversity Challenge "Race, Culture and Trauma". ISPRC at Boston College. October 4, 2008. Boston, MA.
- Bejarano, A. (2008). Ethno-Cultural Aspects of Trauma. Invited presentation at the 13th International Conference on Violence, Abuse and Trauma (IVAT), September 17, 2008. San Diego, CA.
- Bejarano, A. (2008) Incorporating a Social Justice Perspective in Clinical Work. Presented at the 116th Annual Convention of the American Psychological Association. August, 2008. Boston, MA.

- Bejarano, A. (2008) Mental Health Research and Treatment for Ethnic Minority Youths. Panel Discussant at the 116th Annual Convention of the American Psychological Association. Boston, MA.
- Bejarano, A. (2008) Supervisors: How to incorporate cultural competency in your work with trainees. Presented at the Annual California Psychological Association Convention, April 3-6, 2008. Anaheim, CA.
- Bejarano, A. (2008) Treatment of *Childhood Trauma: Cultural Considerations with Latino Clients*. Invited two-day workshop at Southern University at New Orleans, School of Social Work, February 21-22, 2008. New Orleans, L.A
- Bejarano, A. (2007). Young Latinas and Suicide Attempts. Invited Presentation at the 7th Annual Diversity Challenge Conference, October 20, 2007. Boston College.
- Bejarano, A. (2007) *Domestic Violence among Latina Immigrants*. Invited presentation at the 12th Annual Institute on Violence, Abuse and Trauma (IVAT) Conference, San Diego, CA.
- Bejarano, A. (2007). *Suicide Attempts by Latinas: What we know and what we can do*. Presentation at the 13th Annual Latino Behavioral Health Institute, Los Angeles, CA.
- Bejarano, A. (2007). *Expanding Race and Culture into the Room: In Pursuit of Culturally Sound Supervision*. Symposium presented at the 115th Annual Convention of the American Psychological Association, San Francisco, CA.
- Bejarano, A. (2007). *Migration as Trauma: Treatment Recommendations*. Invited presentation at the first annual conference of the California Latino Psychological Association, California State University at Fullerton.
- Bejarano, A. (2007) *Childhood Traumatic Stress: Working with Latino Families*. Invited two-day workshop at Southern University at New Orleans, School of Social Work. New Orleans, L.A.
- Bejarano, A. and Gallardo, M. (2006) *What you need to know when treating clients of color*. Invited half-day continuing education workshop for the San Diego Psychological Association.
- Bejarano, A. (2006) *Approaches to Working with Abused & Exploited Children and Trauma*. Invited presentation with Pilar Hernandez, PhD for the 11th Annual Institute on Violence, Abuse and Trauma (IVAT) Conference, San Diego, CA.
- Bejarano, A. (2006) *Interrelationship between Culture, Social Contexts and Trauma: Migration as Trauma*. Invited keynote presenter for the 11th Annual Institute on Violence, Abuse and Trauma (IVAT) Conference, San Diego, CA.
- Bejarano, A. (2006) *Sexually Abused Latino Children: Cultural Considerations*. Invited presentation for The National Child Traumatic Stress Network and Chadwick Center for Children & Families, Children's Hospital, San Diego, CA.

- Bejarano, A. (2006) *Helping Hands, Healing Minds: New Orleans Mental Health Education and Training Program. PTSD/Trauma*. Invited presentation. Loyola University, New Orleans, LA.
- Bejarano, A. (2006) *Sexually Abused Latino Children: Cultural Considerations*. Grand Rounds Presentation, UCSD, Department of Psychiatry at Rady Children's Hospital.
- Bejarano, A. (2006) *Treating Latino Children: Cultural Considerations*. Cultural competency presentation to Rancho Bernardo Outpatient clinic staff: Satellite of Children's Hospital, Department of Psychiatry, San Diego, CA.
- Bejarano, A. (2005) *How to Approach Victims in Crisis*. Presented at the Domestic and International Slavery and Human Trafficking Workshop for Patrol and Investigative Officers, Oceanside, CA.
- Bejarano, A. (2005) *Sexually Abused Latino Children: Cultural Considerations*. Symposium presented at the 10th International Conference on Family Violence, San Diego, CA.
- Bejarano, A. (2005) *Sexually Abused Latino Children: Cultural Considerations*. All Staff Meeting Presentation: Children's Hospital, Outpatient Psychiatry, San Diego, CA.
- Bejarano, A. (2005). *Sexually Abused African American and Latino Children: Treatment Considerations*. Symposium presentation at the 113th Annual Convention of the American Psychological Association, Washington, DC.
- Bejarano, A. (2005). *Developing a Private Practice*. Symposium presentation at the 113th Annual Convention of the American Psychological Association, Washington, DC.
- Bejarano, A. (2004). *Starting your Practice: Preferences, Priorities, and Realities*. Roundtable paper presentation at the 112th Annual Convention of the American Psychological Association, Oahu, Hawaii.
- Bejarano, A. (2004). *Mentoring Early Career Women- Research, Practice, Nontraditional Settings, and Family Life: Establishing a Private Practice*. Roundtable paper presentation at the 112th Annual Convention of the American Psychological Association, Oahu, Hawaii.
- Bejarano, A. (2000). *How to Become a Psychologist*. Workshop at The College of St. Elizabeth, New Jersey.
- Johnson, H.L., Bejarano, A., Nusbaum, B.J., Rosen, T.S. (1996). *Early communicative behavior: The impact of maternal ethnicity, substance abuse and childrearing beliefs*. Poster presentation at The Headstart Third National Research Conference, Washington, D.C.
- Bejarano, A. (1995). *Bringing our Perspective to the Forefront: Attachment Patterns Among Hispanic Mothers*. Graduate Student Symposium. Paper presented at the meeting of the American Psychological Association.

INVITED COMMUNITY PRESENTATIONS

- Bejarano, A. (2008, October). Raising a Bicultural Adolescent: Recommendations to traditional Latino parents. Invited presentation for “Latino Parents Night” at High Tech High. Point Loma School District. San Diego, CA.
- Bejarano, A. (2008, May). The Americanized child in the Latino family: Recommendations to traditional Latino parents. Invited presentation for parents of students attending Encanto Elementary School. Lemon Grove School District. San Diego, CA.
- Bejarano, A. (2008, January). Effective discipline with school aged children. Presentation to Spanish speaking Latino parents with children enrolled at Encanto Elementary School. Lemon Grove School District. San Diego, CA.

HONORS AND AWARDS

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| Professional Level | <p>California Psychological Association of Graduate Students (CPAGS) and ALANA Plus, Recognition Award for Contribution and Presentation at The CPAGS 3rd Annual Cross Cultural Conference, May 2011</p> <p>California Latino Psychological Association, March 2007</p> <p>University of California, San Diego (UCSD). Award for Excellence in Teaching in APA-approved Pre-doctoral Internship Program, June 2007</p> |
| Graduate Level | <p>Dean K. Harrison Scholarship, 1996</p> <p>NIMH Clinical Training Stipend, 1992-1993</p> <p>National Hispanic Scholarship Fund Award, 1991-1992, 1996</p> <p>Regents Professional Opportunity Scholarship, 1991-1992, 1996</p> |
| Undergraduate Level | <p>B.A. Honors in Sociology, 1989</p> <p>Graduating Senior Latino Endowed Scholarship, 1989</p> <p>Queens College Meritorious Award, 1988</p> |

PROFESSIONAL DEVELOPMENT

Skills/Expertise

- Spanish, bilingual/bicultural; fluent in Italian
- Cultural Competence and specialization in Latino mental health issues
- Specialization in treatment of childhood trauma
- Specialization in Hardship Evaluations for Immigration Court

Affiliations

- American Psychological Association (APA)
- Division 35, Society for the Psychology of Women
 - Division 12, Society of Clinical Psychology
 - Division 12, Section VI, The Clinical Psychology of Ethnic Minorities
 - Division 42, Psychologists in Independent Practice
 - Division 45, Society for the Psychological Study of Ethnic Minority Issues
- San Diego Psychological Association (SDPA)
- California Psychological Association (CPA)
- California Latino/a Psychological Association (CLPA)

Service on Executive Committees

San Diego Psychological Association:

Board of Directors, Representative to CPA, 2008-2010

California Psychological Association:

Immigration Task Force Chair, 2010- present

Division VII (Public Interest) Past Chair, 2010

Division VII (Public Interest) Chair, 2009

Division VII (Public Interest) Chair-elect, 2008

Division VII (Public Interest) Co-Chair, 2007

Diversity Delegate representing CPA at State Leadership Conference in Washington, D.C., 2005 and 2006

American Psychological Association

Division 42, Co- Chair, Diversity Committee, 2008

Division 42, Chair, Diversity Committee, 2007

Division 42, Convention Program Chair, 2006

Division 42, Liaison to Committee on Women in Psychology Network, 2005-2007

Division 42, Associate Convention Program Chair, 2005

Division 12, Section VI Newsletter Co-Editor, 2004- 2007

Minority Student Association, Clinical Psychology Program, CUNY, Chair 1991-1994