

Table 2

UDL Strategies Incorporated in Online Course Design

UDL Principles	Online Course Elements
Multiple means of engagement	Consistent course organization; Ongoing written and video feedback to students; Timely responses to students' emails; FAQ blog; Virtual office hours; Choice to complete activities individually or in small groups; Weekly Are you on track? self-monitoring checklists; Using real classroom for final project; Learning objectives for each module clearly identified; Exemplars of projects; Intermitted reflective blog entries
Multiple means of representation	Content in text, audio, video formats (each lecture in four formats: video presentation, regular PowerPoint for note taking, MP3, & text transcript); Readings in digital format; Captioned videos; Additional simulations, interactive websites; Optional and recorded synchronous sessions; Weekly video messages highlighting previous and upcoming content
Multiple means of action/expression	Flexibility in how weekly activities and major assignments to be completed (allowing for various formats: written, multimedia presentations, video, creating graphic organizer, etc.); Choice to participate in discussions using text, video, etc.; Flexible deadlines on some assignments; Gradual release of learning modules; Final project outline and rubrics; Multiple opportunities to receive feedback on the final project throughout the semester; Peer feedback
