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| UDL Guidelines – Educator Worksheet - v. 2 |
| **I. Provide Multiple Means of Representation:**  | **Your notes** |
| **1.** Provide options for perception |  |
| **1.1** Offer ways of customizing the display of information |  |
| **1.2** Offer alternatives for auditory information |  |
| **1.3** Offer alternatives for visual information |  |
| **2.** Provide options for language, mathematical expressions, and symbols |  |
| **2.1** Clarify vocabulary and symbols |  |
| **2.2** Clarify syntax and structure |  |
| **2.3** Support decoding of text, mathematical notation, and symbols |  |
| **2.4** Promote understanding across language |  |
| **2.5** Illustrate through multiple media |  |
| **3.** Provide options for comprehension |  |
| **3.1** Activate or supply background knowledge |  |
| **3.2** Highlight patterns, critical features, big ideas, and relationships |  |
| **3.3** Guide information processing, visualization, and manipulation |  |
| **3.4** Maximize transfer and generalization |  |
| **II. Provide Multiple Means for Action and Expression:**  | **Your notes** |
| **4.** Provide options for physical action |  |
| **4.1** Vary the methods for response and navigation |  |
| **4.2** Optimize access to tools and assistive technologies |  |
| **5.** Provide options for expression and communication |  |
| **5.1** Use multiple media for communication |  |
| **5.2** Use multiple tools for construction and composition |  |
| **5.3** Build fluencies with graduated levels of support for practice and performance |  |
| **6.** Provide options for executive functions |  |
| **6.1** Guide appropriate goal setting |  |
| **6.2** Support planning and strategy development |  |
| **6.3** Facilitate managing information and resources |  |
| **6.4** Enhance capacity for monitoring progress |  |
| **III. Provide Multiple Means for Engagement:**  | **Your notes** |
| **7.** Provide options for recruiting interest |  |
| **7.1** Optimize individual choice and autonomy |  |
| **7.2** Optimize relevance, value, and authenticity |  |
| **7.3** Minimize threats and distractions |  |
| **8.** Provide options for sustaining effort and persistence |  |
| **8.1** Heighten salience of goals and objectives |  |
| **8.2** Vary demands and resources to optimize challenge |  |
| **8.3** Foster collaboration and community |  |
| **8.4** Increase mastery-oriented feedback |  |
| **9.** Provide options for self-regulation |  |
| **9.1** Promote expectations and beliefs that optimize motivation |  |
| **9.2** Facilitate personal coping skills and strategies |  |
| **9.3** Develop self-assessment and reflection |  |

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