

Some risks of adolescent alcohol and marijuana use:

- 22% of teenage drivers in fatal car crashes were **drinking**. Car crashes are the leading cause of teen deaths.



- **Marijuana** affects a number of skills needed for safe driving, like reacting to sounds and signals on the road.

- Teens who use **marijuana** tend to get lower grades and are more likely to drop out of high school.



- High school students who use **alcohol** are five times more likely to drop out.

- **Marijuana's** effects on attention and memory make it difficult to

learn something new or do complex tasks.

- Heavy use of **marijuana** as a teenager can lower IQ later in life as an adult.



- Teens who binge **drink** every month damage their brains in a way that makes it harder to pay attention and understand new information.

- **Alcohol** poisoning and suicide are major causes of alcohol-related teen deaths.



- Teen **drinking** and **marijuana** use raise the risk of unprotected sex, sexual assault, STDs, and unplanned pregnancy.

- **Drinking** increases the risk of injuries - the third leading cause of death among teens.

A standard drink of alcohol equals:



Readiness ruler:

