

Alexis Franklin
(she/her)

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EDUCATION

Doctor of Philosophy

July 2026 (Expected)

Counseling Psychology, APA Accredited
University of Miami, Coral Gables, FL

Bachelor of Arts

May 2018

Major in Psychology
Rhodes College, Memphis, TN

PUBLICATIONS

Published Peer-reviewed Manuscripts

Allen, T., Reda, S., Martin, S., Long, P., **Franklin, A.**, Bedoya, S., Wiener, L., Wolters, P. (2022). Needs of adolescents and young adults with chronic illness: Results from a quality improvement survey. *Children*. 9(4), 500.

Lefevor, G.T., Sorrell, S.A, Virk, H.E., Huynh, K.D., Paiz, J., Stone, W.M. & **Franklin, A.** (2019). How do Religious Congregations Affect Congregants' Attitudes toward Lesbian Women and Gay Men? *Psychology of Religion and Spirituality*. 13(2), 184.

Lefevor, G. T., Janis, R. A., **Franklin, A.**, & Stone, W. M. (2019). Initial Distress and Change through Therapy among Transgender and Gender Non-Conforming Racial and Ethnic Minorities. *The Counseling Psychologist*. 47(1), 34-58.

Manuscripts Under Review

Meyer, M. L., **Franklin, A. R.**, Louder, C. N., Dorsett, J., Boursiquot White, M., & Nicolas, G. (Under Review). Working with Communities to Promote the Wellness of Black Families in Miami: The CRECER Lab. In T. Mendenhall & B. Doherty (Eds.), *Citizen Therapist*. American Psychological Association.

Louder, C., Meyer, M., del Rey, G.M., & **Franklin, A.** (Under Review). Elevating Community-Driven Socioecological Participation and Action: A Case Study with Black Youth. *American Journal of Community Psychology*.

Louder, C. N., **Franklin, A. R.**, Meyer, M. L., del Rey, G. M., Gutierrez, M. A., Masters, B., & Nicolas, G. (under review). The Fight for Civil Rights and Its Connection to Mental Health in Black Communities. In M. Fuller & C. Small (Eds.), *Anti-Blackness: White Privilege, Allyship, and Psychology* (1st ed). Oxford University Press.

Nicolas, G., Simmons, A., Louder, C.N., **Franklin, A.**, & del Rey, G.M. (Under Review). Racism and Childbearing Black Women's Health: The Afya Well-Being Program. *Journal of Prevention and Health Promotion*.

Manuscripts in Progress

Louder, C., Dorsett, J., **Franklin, A. R.**, & Nicolas, G. (In progress). Exploring Mental Health of Ethnically Diverse Black Women.

Franklin, A. R. & Boursiquot-White, M. (In progress). A Counternarrative to Mental Health Service Utilization Among Black Men in Higher Education.

Dorsett, J., **Franklin, A. R.**, Baptiste, R., Meyer, M., Nicolas, G. (In progress). My Demographics Depend on Your Demographics: The Role of Positionality and Demographics Questionnaires. In S. Ahn (Eds.), *Toward Equitable Data Collection and Use in Social and Behavioral Sciences*.

PRESENTATIONS

Roundtable

Franklin, A.R. & Boursiquot-White, M., (2022, February 3-4). *Contextualizing Why Black University Students Prefer to Utilize Off-Campus Mental Health Resources: What is lacking from university resources?* Roundtable presented at the Eastern Educational Research Association Conference, Clearwater, FL, United States.

Louder, C., Meyer, M., del Rey, G.M., & **Franklin, A.** (2021, July 8-10). *A Socioecological Approach for Psychological Well-Being in Black Families*. Roundtable presented at American Psychological Association, Division 45 Research Conference. Virtual.

Paper

Nicolas, G., **Franklin, A.**, Dorsett, J., Boursiquot-White, M., & Baptiste, R., (2022, May 31). Reframing Afro-Caribbean Mental Health. Panel presented at the 46th Annual Caribbean Studies Association Virtual Conference, Virtual.

Franklin, A.R. & Boursiquot-White, M., (2022, February 24-26). *A Counternarrative to Service Utilization Among Black Men in Higher Education*. Paper presented at the 39th Annual Teacher's College Winter Roundtable, Virtual.

Franklin, A.R., Meyer, M.L., & Louder, C.N. (2021, February 25-27). *Combatting Racism through CBPR: Engaging Kids, Caregivers, and Communities in Advocacy-Reflections from the West Grove*. Symposium presented at the 38th Annual Teacher's College Winter Roundtable. Virtual.

Franklin, A. (2017, December). *Narrative Sharing in Middle School as a Tool for Promoting Intercultural Sensitivity, School Belonging, and Friend Making*. Paper presented as part of the requirements for the Rhodes College Senior Seminar, Memphis, TN, United States.

Poster

- Gutierrez, M. & **Franklin, A.** (2021, August 12-14). *Acculturation, Family, and Internalizing Symptoms during the Age of Transition for Latino Youth*. Poster to be presented at the Annual Convention of the American Psychological Association, Virtual. (Division 45).
- Franklin, A.** & Gutierrez, M. (2021, April 16). *An Investigation of Trust, Communication, and Internalizing Symptoms in Latino Adolescents*. Poster presented at the annual Graduate + Postdoctoral Research Symposium, University of Miami, Miami, FL, United States.
- Mathews, L., **Franklin, A.**, Broudy, R., Watanabe, M., Parchem, B., Cao, M., Modrakovic, D. (2019, April). *Effectiveness of Short-Term Group Therapy in Improving Executive Functioning Skills*. Poster presented at the annual George Washington University Research Days, Washington, D.C., United States.
- Franklin, A.**, Stone, W.M., Sorrell, S., & Lefevor, G.T. (2018, April). *Distress and Symptom Change Among Transgender and Gender Non-Conforming Racial/Ethnic Minorities*. Poster presented at the annual Rhodes College Undergraduate Research and Creative Activity Symposium, Memphis, TN, United States.
- Starks, S.A., **Franklin, A.**, Graff, C.J., Wicks, M.N. (2018, March). *Using Photovoice to Understand Stress and Coping in African-American Women Caregivers of Children with a Chronic Condition: A Pilot for Intervention Development*. Poster presented at the 32nd Annual Southern Nursing Research Society Conferences, Atlanta, GA.
- Franklin, A.**, Stone, W. M., Sorrell, S., & Lefevor, G. T. (2017, November). *Gender and Racial/Ethnic Identities: An Intersectional, Longitudinal Examination of Change in Therapy*. Poster presented at the annual LGBTQ+ in the Academy Conference, Johnson City, TN.
- Bryant, M., Burkhead, C., **Franklin, A.**, & Hardeman, B. (2016, December). *Race, Socioeconomic Status, Sexual Identity, and Belonging at a Southeastern Liberal Arts College*. Poster presented at the annual Rhodes College Psychology Symposium, Memphis, TN.

Invited Presentations

- Williams-Collins, K. & **Franklin, A.** (2017, July). *Suicide, well checks and self-care*. Invited presentation to campus police at the University of Tennessee Health and Science Center, Memphis, TN.

FELLOWSHIPS, HONORS, AND AWARDS

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| Honorable Mention, Ford Predoctoral Fellowship | 2022 |
| Cancer Research Training Award, National Cancer Institute | 2019 |
| Summer Service Fellowship, Rhodes College | 2015 |
| Presidential Scholarship, Rhodes College | 2014 |

GRANTS

- Lead Applicant*, Research Support Award (\$1,050) March 2021
 This grant is being used to study mental health service utilization amongst Black students in higher education during the COVID-19 pandemic.

RESEARCH EXPERIENCE

University of Miami, Coral Gables, FL

Program Co-Cordinator, The Kulula Project

August 2020 – Present

Challenging Racism & Empowering Communities through Ethnocultural Research Lab

- Co-coordinator for Kulula Mentoring Program, an empirically supported intervention aimed at enhancing ethnic identity, socialization skills, and adaptive coping amongst youth in the African diaspora
- Evaluate the efficacy of the program by administering measures to the children
- Recruit, train, and supervise 3-4 undergraduate students in the mentor role
- Ensure mentor adherence to curriculum and provide support by reviewing feedback surveys completed by mentors on a weekly basis
- Review and update program curriculum for developmental appropriateness as needed
- Compile executive summary of lab projects for funders and community partners to secure funding for subsequent years

Supervisor: Guerda Nicolas, PhD

Graduate Research Assistant, Urgent, Inc. Youth Empowerment Program

June 2021 – Present

Challenging Racism & Empowering Communities through Ethnocultural Research (CRECER) Lab

- Train camp counselors in the Kulula Project Afrocentric curriculum within the context of a six-week empowerment summer camp for youth
- Conduct one-on-one assessments focusing on racial/ethnic identity development and self-concept with ethnically diverse youth ages 5-13
- Analyze and interpret data to produce a summary report and recommendations for the camp organizers

Supervisor: Guerda Nicolas, PhD

National Institute of Health, Bethesda, MD

Research Assistant, National Cancer Institute

February 2019 – June 2020

- Scored cognitive and clinical assessments, including DKEFS, CVLT-C, CVLT-ii, Conners, PROMIS-57, BRIEF, BASC-2, WAIS-IV, and Vineland
- Coded and cleaned patient demographic data in Excel for over 300 patients
- Assisted with creating an online database for old cancer patient records
- Performed literature reviews on the needs of adolescent and young adults with chronic disease to assist with manuscript writing
- Co-wrote manuscript analyzing needs assessment for adolescents and young adults

Supervisor: Staci Martin, PhD

University of Tennessee Health Science Center, Memphis, TN

Volunteer Research Assistant, Nursing School

Fall 2017 – Summer 2019

- Performed literature reviews on caring for Black adolescents with chronic illness
- Created code and protocol manual
- Assisted in a pilot qualitative research study using photovoice to gather data from 8 African American women caregivers of children with chronic conditions
- Co-led 2 focus groups with the principal investigator
- Co-authored manuscript describing findings from pilot study

Supervisor: Shaquita Starks, PhD, RN, APRN, FNP-BC, PMHNP-BC

Psychology Intern, Student Health Center

Summer 2017

- Created and co-presented a presentation about wellness checks, suicide warning signs, and compassion fatigue to over 40 UTHSC police officers
- Administered and scored the GAD-7, QIDS-SR, PCL-C, and the RS-14 to 7 Death Investigators in the pathology department for a research project investigating burnout
- Conceptualized ways to challenge the stigma of mental illness in higher education

Supervisor: Kimberly Williams-Collins, PhD, HSP

Rhodes College, Memphis, TN

Lead Research Assistant, Health Behavior and Disparities Lab

Spring 2015 – Fall 2019

- Researched the emotional health and wellness of marginalized groups
- Researched the impact of faith, gender, and sexuality on mental health
- Delegated weekly research assignments to 4 other lab members
- Created study questionnaires in collaboration with team members
- Recruited over 50 participants for assigned research projects
- Collected data from over 10 local religious centers about homosexuality acceptance
- Trained and oversaw 4 lab members in data collection protocol
- Coded questionnaires collected from over 10 religious centers
- Conducted literature reviews on the prevalence of eating disorders in the trans community, treatment outcomes for trans and gender non-conforming people of color, and attitudes towards homosexuality in religious spaces

Supervisors: Tyler Lefevor, PhD and Rylan Testa, PhD

Student Assistant, Psychology Department

Summer 2016

- Cleaned dataset with over 50 variables for “shifting standards” research investigating how judgments are influenced by relative comparison
- Wrote code syntax for SPSS data analysis
- Transcribed 10 recorded interviews for infant and child development qualitative research

Supervisor: Christy M. Waldkirch

TEACHING & FACILITATION

University of Miami, Coral Gables, FL

Program Co-Cordinator, The Kulula Project

August 2020 – Present

Challenging Racism & Empowering Communities through Ethnocultural Research (CRECER) Lab

- Recruited and trained ten university students to mentor children of the African diaspora in a culturally sensitive manner
- Facilitated Kulula sessions on identity exploration, adaptive coping, and relationship management with five to six elementary-school students

Supervisor: Guerda Nicolas, PhD

Lab Manager, CRECER Lab

August 2022– Present

- Trained new lab members on rules and systems for various community-based participatory research projects
- Organized routine meetings such as weekly lab meetings and quarterly working retreats

- Managed ten post-baccalaureate, master's- and doctoral-level research assistants

Guest Lecturer

- “*Paths to Psychology Graduate Programs*” (Fall 2022) School of Psychological and Educational Studies, University of Miami, EPS 420: Introduction to Counseling and Psychotherapy. Instructor: Léi Y. Sun, M.S.Ed.
- “*Diversity, Equity, and Inclusion*” (Fall 2020) First Year Directions, University of Miami, FYD 101: First Year Directions. Instructor: Marie Boursiquot White

CLINICAL EXPERIENCE

University of Miami Student Counseling Center, Miami, FL
Doctoral Practicum

August 2022-Present

- Provide individual therapy to university students seeking mental health services
- Attend weekly individual supervision and case conference to review clinical cases, discuss treatment plans, and conceptualize cases from different theoretical orientations.
- Maintain timely and confidential client records including psychosocial intake summaries, weekly progress notes, treatment plans, and case conceptualizations.

Supervisors: Kisha Bazelaïs, Ph.D. & Marcella May

Institute for Individual and Family Counseling (IIFC), Miami, FL
Doctoral Practicum

January 2022-July 2022

- Provide individual therapy to individuals seeking low-cost mental health services in the Miami-Dade community
- Attend weekly individual and group supervision to review clinical cases, discuss treatment plans, and conceptualize cases from different theoretical orientations.
- Maintain timely and confidential client records including psychosocial intake summaries, weekly progress notes, treatment plans, and case conceptualizations.

Supervisor: Kimberly Ho Misiaszek, Ph.D.

URGENT Inc., Virtual
Facilitator

October 2020 – December 2020

- Conducted weekly 30-minute mental health check-ins with 5-8 middle school aged girls enrolled in Rites of Passage Girls camp through URGENT, Inc.
- Prepared psychoeducation materials to promote coping skills and emotional identification

Institute for Individual and Family Counseling (IIFC), Miami, FL
Graduate Assistant

August 2020 – May 2021

- Provided potential clients with information about mental health services, referrals to counseling providers, and performed mental health phone screens
- Fostered support to assist general clinic

Supervisors: Lissette Perez-Lima, PhD & Debbiesiu Lee, PhD

The George Washington University, Washington, DC

Senior Intern, The Meltzer Center: Psychological and Community Based Services

May 2019 – May 2020

- Provided potential clients with information about mental health services, referrals to counseling providers, and performed mental health phone screens

- Managed online client records and client database for clinic operations
- Assisted with data entry to track therapy and assessment outcomes for over 50 clients
- Performed monthly audits of 10 graduate students' paperwork and client data
- Contributed to planning outreach events such as National Depression Screening Day
- Participated in live-supervised diagnostic intake team with graduate students
- Attended and participated in weekly case conferences and graduate level seminars
- Exposed to DBT, CBT, and family systems through independent study
- Participated in weekly individual supervision, weekly clinic administration meetings, and monthly clinic advisory board meetings
- Trained junior intern on clinic operations and client management

Supervisor: Risa Broudy, PhD

Junior Intern, The Meltzer Center: Psychological and Community Based Services *July 2018 – May 2019*

- Provided administrative support to the Meltzer Center training clinic and general clinic operations (see above for specific tasks and projects)
- Trained first-year graduate students on clinic operations and phone screenings
- Collaborated with graduate students to develop a training manual for group therapy focused on executive functioning
- Tracked treatment outcomes for 10 clients in executive functioning group therapy

Supervisor: Risa Broudy, PhD

COMMUNITY SERVICE

Kidpower Inc., Washington, DC

Summer 2018 – Summer 2019

Instructor

- Monitored classroom behavior during homework and independent reading time
- Worked cooperatively with students, families, and school-teachers to track each student's individual academic and behavioral goals

OUTMemphis, Memphis, TN

Spring 2018

Rapid Rehousing Intern

- Created and presented presentations on various life skills to clients in the Rapid Rehousing Program

LEADERSHIP

Harding Academy of Memphis, Memphis, TN

2020 – Present

Black Alumni Association Founder and President

- Co-founded and implemented a mentorship program to connect Black students to Black alumni
- Co-founded the Black Alumni Board of 10 members to oversee Black alumni relations
- Recruit Black alumni for mentorship positions

Rhodes College, Memphis, TN

Student Ambassador

2017 – 2018

- Served as a liaison between students and alumni and assisted in planning and executing alumni events

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| Study Abroad Student Associate | 2017 – 2018 |
| <ul style="list-style-type: none"> Designed and implemented 9 programs for students to learn about studying abroad opportunities Advised and supervised 9 study abroad mentors with their semester programming Marketed and advertised monthly events via social media accounts | |
| Senior Gift Committee Member | 2017 – 2018 |
| <ul style="list-style-type: none"> Helped fundraise \$1000 in donations from the senior class for the annual fund | |
| Peer Assistant | 2016 – 2017 |
| <ul style="list-style-type: none"> Served as an orientation leader for a group of 20 first year students and aided them in navigating and transitioning into college life | |
| Serving Our Students Mentor | 2016 – 2017 |
| <ul style="list-style-type: none"> Served as a mentor for 2 students of color and aided them in navigating a predominantly White college | |
| Rhodes College Summer Service Fellow | Summer 2015 |
| Girls, Inc. Intern | |
| <ul style="list-style-type: none"> Facilitated developmentally appropriate educational conversations concerning body image, media influence, healthy living, sex education, careers, philanthropy, and public speaking Formulated and implemented several developmentally appropriate lesson plans independently | |

PROFESSIONAL AFFILIATIONS

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| American Psychological Association, Graduate Student Member | 2021 – Present |
| Student Affiliate of Division 17: Society of Counseling Psychology | 2020 – Present |
| Student Affiliate of Division 35: Society for the Psychology of Women | 2020 – Present |
| Student Affiliate of Division 35 Section 1: Black Women | 2020 – Present |
| Student Affiliate of Division 45: Society for the Psychological Study of Culture, Ethnicity, and Race | 2020 – Present |

ADVANCED TRAININGS

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| Preparing Future Faculty (PFF) | Spring 2021– Spring 2022 |
| Lydia Buki PhD, University of Miami, School of Education | |
| <ul style="list-style-type: none"> This program provides intensive training in professional development skills such as refinement of research interests, grant application, networking skills, teaching methods, and best practices in mentorship | |
| Structured Clinical Interviewing for DSM-5 (SCID) Disorders Training | Fall 2021 |
| Nikki Puccetti, University of Miami | |
| <ul style="list-style-type: none"> Completed 12-week training on the administration of the Structured Clinical Interview for DSM-5. | |

TECHNICAL SKILLS

Statistical Analysis Programs: Proficient in SPSS, Microsoft Excel, Google Sheets, and MPlus

