

MARISOL MEYER

University of Miami Department of Educational & Psychological Studies
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EDUCATION

- University of Miami**, Coral Gables, FL August 2018 – Present
Ph.D. Student, Counseling Psychology
- Dartmouth College**, Hanover, NH June 2018
B.A. Psychology & Anthropology
- Universidad Torcuato Di Tella**, Buenos Aires, Argentina March 2016
Spanish Language and Cultural Immersion Program

CLINICAL EXPERIENCE

- Institute for Individual and Family Counseling** January 2020 – Present
Coral Gables, FL *Practicum Student Clinician*
Supervisor: Annalea Kahn, Psy.D.
- Collaboratively engage in psychotherapy with individuals ranging in ages 20 to 55 from a diverse local community population with a weekly caseload of 3-5 clients.
 - Conduct telephone screenings and intake assessments.
 - Participate in weekly individual and group supervision meetings to conceptualize cases, conduct case presentations, and review videotaped sessions.
 - Attend bi-monthly in-service trainings on psychopharmacology, family therapy, and trauma-informed therapy.
 - Complete case management and clinical paperwork (e.g., intake summaries, treatment plans, progress notes, and case summaries).
- Crisis Text Line Non-Profit** August 2017 – August 2018
Crisis Counselor
- Trained in crisis intervention and management skills, rapport building and active listening skills, and collaborative problem solving skills.
 - Supported people in crisis in a one-time anonymous conversation by thinking quickly, establishing trust, and providing appropriate resources.
- Bernice A. Ray Elementary School** September 2017 – November 2017
Hanover, NH *Intern with the Behavioral Specialist Department and School Counselors*
- Supported children with behavioral and emotional disturbances using applied behavior analysis techniques such as token economy systems.
 - Shadowed school counselors and behavioral specialists to observe strategies and tools used to correct maladaptive cognition and socially unacceptable behavior in students, and observe how to model desirable behavior for those students.
 - Compiled data on student behavior with potential need for intervention by recording behavioral antecedents/setting events, classifying maladaptive behavior, and natural and created consequences of the behaviors being observed.
 - Created a board game based on research on effective ways to increase emotional literacy and intelligence skills in an elementary school population that is still currently used by the school counselor as a tool to engage students that experience emotional disturbances.
- X Family Foundation** September 2012 – June 2014
Miami, FL *Youth Liaison*
- Supervised and engaged with elementary school aged children with Fragile X.
 - Organized and managed up to 15 high school aged volunteers to assist with the Leaning Links School

end of year show and trained them in the nuances of Fragile X.

- Facilitated events, managed and recruited volunteers, and participated in fundraising activities for a non-profit with a mission to help students with Fragile X.
- Recruited and connected youth in the theater community with volunteer opportunities through the X Family Foundation and other organizations involving children with sensory difficulties, yielding a significant increase in awareness in the adolescent community.

RESEARCH EXPERIENCE

University of Miami

August 2018 – Present

Miami, FL *Graduate Research Assistant*

Challenging Racism and Empowering Communities through Ethnocultural Research (CRECER)

The CRECER team is a community-based participatory research team committed the enhancement of the cultural identities of minority and immigrant children and families, bridge communities, and promote emotional and physical health and wellbeing. Responsibilities include leading theory driven program evaluation efforts, participating in federal and private grant preparation, authoring, editing, and reviewing team manuscripts for publication, and assisting in community-based research through the following outreach programs:

- The Kulula Project *Supervisor and Co-Coordinator* August 2018 – Present
 - Co-Coordinate the weekly meeting of undergraduate mentors and elementary aged mentees in order to engage the mentees in an empirically based racial and ethnic socialization program.
 - Recruit, train, and supervise five undergraduate students in the mentor role.
 - Evaluate the efficacy of the program by administering measures to the children.
 - Ensure mentor adherence to curriculum and provide support by reviewing survey data completed by mentors on a weekly basis.
 - Review and update program curriculum for developmental appropriateness.
 - Compile executive summary of lab projects for funders and community partners.
- Urgent Inc., Youth Empowerment Program June 2019 – Present
(YES!) Camp *Evaluation Team Member*
 - Trained camp counselors in the Kulula Project Afrocentric curriculum within the context of a six week empowerment summer camp for girls.
 - Conducted one-on-one assessments focusing on racial/ethnic identity development and self-concept with over 30 ethnically diverse girls ages 5-13.
 - Analyzed and interpreted data to produce a summary report and recommendations for the camp organizers.
- Children’s Branch Program *Co-Coordinator and Facilitator* August 2018 – 2019
 - Co-coordinate biweekly session with five elementary school aged children to discuss topics of racial and ethnic identity and social and emotional intelligence.
 - Modify the current curriculum to include more appropriate social and emotional intelligence lessons and activities and continue to make changes as feedback is collected from the children.

Research Supervisor: Guerda Nicolas, Ph.D

Rebati Sante Mentale, Teacher’s Mental Health Training

July 2019

Ti Goave, Haiti *Graduate Research Assistant*

- Assisted in the deliverance of a “Train the Trainers” model of a mental health training seminar for teachers from various regions of Haiti
- Collected observational and qualitative data gauging program efficacy
- Summarized findings in a program evaluation report used to improve the program for future iterations

Research Advisors: Guerda Nicolas, Ph.D.

Mailman Center for Child Development
Miami, FL *Graduate Research Assistant*

June 2019 – January 2020

The Children’s Trust Parent Club Workshops: This is a research project that collects data from individuals participating in one or more “parenting workshops” aimed at providing ethnically diverse caregivers in marginalized communities psychoeducation to efficiently improve parent child relationships and utilize empirically supported parent child intervention therapy (PCIT) strategies at home.

- Conducted literature reviews and assisted in decision regarding research design.
- Assist in the training of workshop facilitators and evaluation of fidelity of material delivery.

Research Advisors: Allison Weinstein, Ph.D., Anai Cuadra, Ph D.

Dartmouth College, Department of Psychological and Brain Sciences
Hanover, NH

March 2017 – June 2018

Research Assistant

- Collaborated in the development of a mobile intervention application that provides counseling to underserved and underprivileged populations that have been clinically determined to need additional support.
- Performed literature review on social support networks and mobile health interventions.
- Developed content and designed the current prototype training manual that is being used for training mobile interventionists.
- Evaluated the efficacy of the intervention strategies by recruiting research participants with a background in psychology to conduct simulations of conversations with research participants.
- Synthesized the data from the simulations to evaluate the efficacy of the different intervention strategies.
- Collaborated with other research assistants to design a coding method for the data on interactions between trained mobile interventionists and patients and subsequently coded and analyzed the data.

Research Supervisor: William Hudenko, Ph.D.

Dartmouth College, Department of Psychological and Brain Sciences
Hanover, NH

June 2016 – August 2016

Research Practicum

- Pursued a research question regarding context dependent learning with the aid of three peers.
- Created the research design to optimally pursue the research question.
- Recruited participants that would be asked to listen to a recording of a list of thirty words that were coded as “outdoor,” “indoor,” or “neutral” words.
- Collected data by requiring participants to write down all the words they could remember after instructing them do so, and the recording the data on Google Sheets.
- Analyzed that data using SPSS and Microsoft applications and presenting the findings at an informal poster presentation for the Psychological and Brain Sciences Department at Dartmouth College.

Research Supervisor: Jeremy Manning, Ph.D.

PUBLICATIONS

Meyer, M., McKenny, M., Liddell-Quintyn, E., Nicolas. G., St. Louis. G., (invited; Submitted for Initial Review). Racial Stress and Racialized Violence among Black Immigrants in the U.S. In *Racial Minority Immigrants and Trauma in the U.S.*

Non-Traditional Publications:

Nicolas, G., **Meyer, M.**, & Louder, C. (2019, September 24). Mental-health specialists in Dorian-battered Bahamas must respect Haitians’ values | Opinion. *Miami Herald*. Retrieved from <https://www.miamiherald.com/opinion/op-ed/article235429307.html>

Meyer, M. (2019, July 26). Training teachers in Haiti to address mental health. Retrieved from <https://news.miami.edu/stories/2019/07/training-teachers-in-haiti-to-address-mental-health.html>

ACADEMIC PRESENTATIONS

Meyer, M.L., Fernandez-Burgos, M., Schooley, R. (2020, April). *Empathy and Graduate Training: the good, the bad, the incomplete*. Roundtable, for the 2020 Counseling Psychology Conference in New Orleans, LA, <https://web.cvent.com/event/c6132ca8-b151-434c-9c88-9d78537dfc55/summary> (Conference canceled)

Meyer, M.L. (March, 2020) *Exploring Prejudice in Children: Who Do Kids Hold Prejudice Against and How Can We Find Out?* Poster presentation at the Graduate + Postdoctoral Research Symposium. University of Miami. Miami, FL.

Louder, C. & Meyer, M.L. (February, 2020) *Maintaining Motivation for Academic Achievement for Ethnically Diverse Students through Mentorship*. Roundtable presented at the Teachers College Winter Roundtable, Columbia University, New York, NY.

Meyer, M.L., & Nicolas, G. (October 2019) *Designing Community-Based Interventions to Empower Ethnically Diverse and Immigrant Individuals* Workshop presented at the 19th Annual Diversity Challenge: Race, Culture, & WHMP. Boston College's Institute for the Study of Promotion of Race and Culture (ISPRC). Chestnut Hill, MA.

Meyer, M.L., & Nicolas, G. (April 2019) *Friends, Family, and Faith: An Exploration of Protective Factors and Risk-Taking Behaviors among Ethnically Diverse and White Adolescents*. School of Education and Human Development Graduate Student Research Poster Showcase. University of Miami. Miami, FL.

Meyer, M.L., & Nicolas, G. (March, 2019) *Is Self Esteem Enough?: An Exploration of Risk-Taking Behaviors Among Ethnically Diverse and White Adolescents*. Poster presentation at the Graduate + Postdoctoral Research Symposium. University of Miami. Miami, FL.

INVITED PRESENTATIONS

Nicolas, G., Meyer, M.L., (January, 2019) *Impact of Racism and Community Violence Workshop*. Melissa Institute. Miami, FL.

TEACHING EXPERIENCE

University of Miami

Miami, FL *Guest Lecturer*

February 2019

Course: Advanced Child Development/Observation and Civic Engagement

Instructor: Rebecca Bulotsky Shearer, Ph.D.

- Presented a 50-minute lecture with two other individuals titled: "Working with Diverse Youth in Classroom and Community Settings."

Dartmouth College

November 2016 – June 2018

Hanover, NH *Tutor for PSYC 001: Introduction to Psychology*

Responsibilities:

- Based on the qualification of above the median final grade (A-) in Introductory Psychology, I was invited to tutor students enrolled in Psychology 1: Introductory Psychology on an individual basis.
- Clarified topics students struggle particularly with.
- Reviewed, researched and developed a deep understanding of the specific topics students required additional help with before one-on-one sessions.

Montshire Museum of Science,

June 2017 – September 2017

Norwich, VT *Science Educator*

- Guided family oriented science experiments on various topics at the “Science Discovery Lab” and encouraged scientific thinking skills such as making observations, developing hypotheses, and increasing science literacy during demonstrations and informal interactions at various exhibits on display.
- Facilitated open-ended engineering projects by supporting autonomous exploration while providing didactic guidance.
- Completed the Donely Fellowship Program in which college students are expected to attend seminars centered around informal education.

OTHER PROFESSIONAL EXPERIENCES

Good Acts By Great Actors Non-Profit Organization September 2012 – June 2014
 Miami, FL *Founder and President*

- Established a program through which members of the community enabled children with sensory difficulties to enjoy and participate in theater.
- Executed technical work and performed in “sensory friendly” shows catered to over 1,000 children who would otherwise not be able to attend these shows.
- Organized a costume drive where over 30 used Halloween costumes were collected and donated to children’s hospitals in the US and Guatemala.

HONORS/AWARDS

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| University of Miami School of Education and Human Development | SEHD Travel Support Award For \$320 | March 2020 |
| University of Miami School of Education and Human Development | SEHD Research Support Award For \$800 | November 2019 |
| University of Miami Graduate School | Travel Scholarship for \$1,000 | July 2019 |
| Dartmouth College | Cum Laude Second Honors 2017-2018 Order of Omega Honor Society Citation in “Death and Dying” | June 2018 June 2018 January 2018 May 2015 |
| United Way of Miami-Dade County | Outstanding Youth Award Finalist | 2013 |
| Montage Hotels | National Memory Makers Scholarship for \$10,000 | 2013 |
| Ronald Reagan Presidential Foundation and Institute | Ronald Reagan Leadership Medal for Drive, Humility, and Service Before Self | 2013 |
| Univision Communications Inc | Orgullo de Nuestra Juventud Scholarship for \$2,000 | 2013 |

PROFESSIONAL MEMBERSHIP

American Educational Research Association 2018 – Present

American Psychological Association

Student Affiliate of Division 17: Society of Counseling Psychology 2018 – Present
 Student Affiliate of Division 45: Society for the Psychological
 Study of Culture, Ethnicity, and Race 2018 – Present

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| Student Affiliate of Division 52: Division of International Psychology | 2019 – Present |
| American Psychological Association of Graduate Students (APAGS) | 2018 – Present |
| Society for Research on Child Development | 2019 – Present |

ADVANCED TRAININGS

Preparing Future Faculty (PFF)

University of Miami, School of Education

SKILLS

Computer/Technical: Proficient in SPSS, Microsoft Excel and PowerPoint, and Google Sheets for data collection and analysis.

Languages: Spanish (Reading, Writing, Speaking and Understanding at an Intermediate Level).