

Curriculum Vitae

Monique C. McKenny, M.S.Ed.

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EDUCATION

University of Miami, Coral Gables, FL August 2017 - Present
Doctoral Student in Counseling Psychology

University of Pennsylvania, Philadelphia, PA August 2016
Master of Science in Education
Counseling and Mental Health Services

George Washington University, Washington, D.C. May 2015
Bachelor of Arts in Psychology

PUBLICATIONS

Anderson, R. E., **McKenny, M.**, Mitchell, A., Koku, L., & Stevenson, H. (2018) EMBRacing racial stress and trauma: Preliminary feasibility and coping outcomes of a racial socialization intervention. *Journal of Black Psychology*.

Anderson, R.E., McBride Murry, V., & **McKenny, M.** (invited; in press). Racial and ethnic identity. In *The Encyclopedia of Lifespan Human Development*.

ACADEMIC PRESENTATIONS

Anderson, R., & **McKenny, M.** (February, 2017) *EMBRacing New Strategies for the Clinical Intervention of Racial Stress and Trauma in Black Families*. Workshop presented at Teacher's College Annual Winter Roundtable. Columbia University. New York, NY.

McKenny, M., Mehta, T., Jang, J., Truskey, L., Anderson, R. (October, 2016) *Engaging, Managing, and Bonding through Race (EMBRace): An Intervention to Reduce Racial Stress and Improve Family Relationships*. Poster presentation at the Research, Policy, and Practice Conference (R2P). School District of Philadelphia. Philadelphia, PA.

Anderson, R., Talley, L., **McKenny, M.** (July, 2016). *EMBRacing Black Familial Racial Stress: Improving Racial Socialization Competency*. In C. Jacobs (Chair) & D. Johnson (Discussant), *Strategizing Race Conversations: Developing Racial Literacy for Youth*. Symposium presented at the American Psychological Association Division 45 Conference, Palo Alto, PA.

Weissinger, G., **McKenny, M.**, Brawner, B. (November, 2015). *Psychiatric Diagnosis and Suicidality in Black Adolescents from Low Socioeconomic Backgrounds*. Paper presentation at the Annual Center for Health Equity Research Symposium at the University of Pennsylvania, School of Nursing. Philadelphia, PA.

McKenny, M. & Neblett, E. (March, 2014). *Identity, Impact and Environment: Analyzing Racial Ideologies and Bothers by Discrimination in African American College Students*. Poster presentation at the Society for Research on Adolescence (SRA) Biennial Conference. Austin, TX.

McKenny, M. & Neblett, E. (March, 2014). *Identity, Impact and Environment: Analyzing Racial Ideologies and Bother by Discrimination in African American College Students*. Poster presentation at the Association of Black Psychologists Student Circle Conference. Howard University. Washington, DC.

McKenny, M. & Neblett, E. (July, 2013) *Identity, Impact, and Environment: Analyzing Racial Ideologies and Bother by Discrimination in African American College Students*. Paper presented at the Moore Undergraduate Research Apprentice Program Research Seminar. Chapel Hill, NC.

INVITED PRESENTATIONS

McKenny, M. (2016) The Girls' Room: A Panel and Stress Management Workshop. University of Pennsylvania.

RESEARCH EXPERIENCE

University of Miami, Coral Gables, FL

Graduate Research Assistant, The Kulula Project

08/17 - Present

Challenging Racism and Empowering Communities through Ethnocultural Research (CRECER) Lab

- Recruit, train, and supervise undergraduate students for a community-based mentoring program in South Florida focusing on racial identity and socialization skills serving over 25 youth weekly
- Maintain partnership with community organizations in South Florida
- Review and update program curriculum for developmental appropriateness
- Compile executive summary of lab projects for funders and community partners

Principal Investigator: Dr. Guerda Nicolas

University of Pennsylvania, Philadelphia, PA

Program Coordinator, Engaging, Managing, and Bonding through Race (EMBRace)

09/15 – 07/17

The Racial Empowerment Collaborative

- Recruited over 25 parent-child dyads throughout the Philadelphia area for seven-week racial socialization intervention
- Formed partnerships with over community organizations
- Trained over 20 research assistants and clinicians on intervention protocols
- Delegated team responsibilities at weekly intervention meeting
- Drafted over 10 conference abstracts, poster presentations, and manuscripts with principal investigators
- Administered qualitative and quantitative assessments to youth clients and their caregivers
- Organized Qualtrics measure entry and edited survey qualities
- Arranged facilitator manual for the intervention later used by over 30 clinicians and research assistants
- Obtained in-kind donations from three local businesses and organizations

Principal Investigators: Drs. Howard Stevenson and Riana Anderson

Graduate Research Assistant, Project GOLD

09/15 – 08/16

- Served as a data collector for a sexual health intervention for Black youth coping with mental illness
- Recruited participants at local mental health centers throughout metro Philadelphia
- Administered diagnostic interviews to participants and assessed participant eligibility
- Developed two manuscripts to disseminate project findings
- Facilitated relationships between local community organizations and project staff

Principal Investigator: Dr. Bridgette Brawner

George Washington University, Washington, DC*Undergraduate Research Assistant, The Unified Parenting Project*

09/14 – 04/15

Department of Psychology, Diverse Family Relationship Lab

- Recruited families at community events and recreation centers throughout Washington, D.C.
- Helped to develop interview script for co-parenting intervention
- Built relationships with community partners and research staff
- Gave research presentations to community leaders and potential participants

Principal Investigator: Dr. Christina Gee**University of North Carolina at Chapel Hill, Chapel Hill, NC***Fellow, Moore Undergraduate Research Apprentice Program (MURAP)*

05/13 - 08/13

- Conducted a literature review of racial identity and racial discrimination
- Selected variables and analyzed self-report data using SPSS
- Discussed and explained study results in a paper presentation at program conference
- Presented findings and research implications to program staff and other fellows
- Drafted a manuscript of research methods and findings

Principal Investigator: Dr. Enrique Neblett**TEACHING EXPERIENCE**

University of Pennsylvania, Philadelphia, PA

Program Coordinator

Trained and supervised over 20 undergraduate and master-level students in study development, research methodology, systems, and intervention protocol. Led discussions on theoretical frameworks related to a racial socialization intervention for Black youth and their families.

Supervisors: Drs. Howard Stevenson and Riana Anderson**CLINICAL EXPERIENCE**

Clinician

03/16 – 07/17

Engaging, Managing, and Bonding through Race (EMBRace), University of Pennsylvania

- Served as a clinician for a therapeutic family intervention centered on racial socialization practices and familial bonding
- Held individual and family sessions with adolescent children and their parents
- Assessed client affect and stress levels each week
- Facilitated conversations among parent-child dyads around racial socialization messages, racial stress and trauma, and racial self-efficacy
- Maintained confidentiality while discussing sensitive family issues

Supervisors: Drs. Howard Stevenson and Riana Anderson*Graduate Counseling Assistant*

09/15 - 05/16

Makuu Black Cultural Center, University of Pennsylvania – Arts, Research, and Culture House (ARCH)

- Served as the Counseling Assistant for the campus Black cultural center
- Held weekly sessions where students could come in for one on one counseling
- Facilitated stress management workshops for student organizations
- Assisted in minor event planning and student programming at Makuu

Supervisors: Dr. Brian Peterson and Michelle Houston, M.S.Ed.**FELLOWSHIPS, HONORS, AND AWARDS**

Congressional Black Caucus Foundation Spouses Education Scholarship	2017
The Barbara Marks Scholarship, University of Miami	2017
American Psychological Association - Division 45 Travel Award	2016
The Brady Family Endowed Scholarship, University of Pennsylvania	2015
Graduate Assistantship Award, University of Pennsylvania	2015
Selected as an SRA Young Scholar and Program Participant, Society for Research on Adolescence	2014
Poster Presentation Award, Association of Black Psychologists Student Circle Conference	2014
Moore Undergraduate Research Apprentice Program, University of North Carolina - Chapel Hill	2013
Board of Trustees Scholarship, George Washington University	2011

GRANTS

Lead Applicant, Society for Community Research and Action PI: Anderson and Stevenson 10/16
 Committee on Cultural, Ethnic, Racial Affairs Social Justice
 Racial and Social Justice Mini-Grants

This grant was submitted for Engaging, Managing, and Bonding through Race (EMBRace) and was intended for support of a racial and social justice project that promotes both the concerns and the training of students of color.

PROFESSIONAL AFFILIATIONS

Student Member, American Psychological Association

Division 9 - Society for the Psychological Study of Social Issues (SPSSI)

Division 27 - Society for Community Research and Action (SCRA)

Division 45 - Society for the Psychological Study of Culture, Ethnicity, and Race

Student Member, Association of Black Psychologists (ABPsi)

Student Member, Society for Research on Child Development (SRCD)

Member, National Association for the Advancement of Colored People (NAACP)