The major in Human and Social Development integrates individual, interpersonal, social, and community approaches to the promotion of healthy development and well-being. It prepares students to work with people in multiple contexts and settings:

- health and human services
- schools, universities, and community programs
- government and non-government agencies
- grass-roots movements

By exploring the scholarly and practical interconnections among individual, interpersonal, social, and community approaches to change, students learn to identify barriers to well-being and to implement effective change-oriented strategies and policies. HSD coursework emphasizes theory, research, and skills. It culminates in a practicum in a setting related to students’ area of interest and prepares them for both graduate studies and careers.

HSD majors choose between two areas of concentration (tracks) in accordance with their areas of interest and future career goals:

Track I: Individual and Relational Development (HSDI)
Track II: Community and Program Development (HSDC)

The minor in Human and Social Development is 15 credits, with a grade of C or better in all courses in the minor, and:

- nine of these 15 credits must be completed in the department of Educational and Psychological Studies (EPS); with prior approval, 3 of these 9 credits may be taken through the UM Study Abroad Program
- EPS 201 - Psychosocial Change and Well-Being is required
- two courses must be upper division courses (at or above the 300 level)

The undergraduate coursework in Human and Social Development is open to all qualified University of Miami students.

PROGRAM DIRECTOR:
Dr. Ora Prilleltensky
Clinical Assistant Professor
Department of Educational and Psychological Studies
Track I: Individual and Relational Development (HSDI)

Core coursework in the major lays the foundation for effectively negotiating a wide range of relationships in a variety of contexts. The track in Individual and Relational Development (HSDI) covers theory, research, and skills required for the promotion of individual, relational, and family well-being. Strength-based, preventive, and empowering approaches are emphasized throughout the track. Courses cover counseling theories and techniques, basic interviewing skills, and the foundations of human service work. The role of context and diversity in mental health is emphasized throughout. HSDI provides a strong foundation for graduate studies in the helping professions and for careers in health and human services. In accordance with their area of interest, students participate in a practicum in a human service setting.

Track I: Individual and Relational Development (HSDI)

- EPS201 Psychosocial Change and Well-Being
- EPS270 Lifespan Human Development (students who have taken PSY203 may substitute another EPS course.)
- EPS291 Community and Character Development
- EPS311 Group Process and Development
- EPS321 Understanding Human Service Organizations
- EPS351 Introduction to Statistics and Research Design
- EPS361 Community Psychology and Development
- EPS422 Foundations of Human Service Work and Program Administration
- EPS471 Practicum in Human and Social Development
- EPS481 Practicum Seminar
- EPS420 Introduction to Counseling and Therapy
- EPS470 Basic Skills in Counseling and Interviewing

Track I - Elective Courses (Choose One)

In addition to the electives listed below, electives include:
- Any Psychology course above 200
- Any core course from Track II

- EPS280 Introduction to Family Studies: Dating, Coupling, Parenting
- EPS340 Psychology and Sociology of Sexual Identities
- EPS360 Educational Psychology
Personal well-being is strongly influenced by social, institutional, and community dynamics. The track in Community and Program Development (HSDC) covers theory, research, and skills required for the promotion of healthy individual and community development. Special emphasis is placed on the role of non-government agencies in fostering the well-being of community members of diverse backgrounds. The aim of this track is to prepare leaders in human services who can diagnose institutional and community challenges and offer strategies for positive change. It appeals to students interested in working with groups and systems invested in achieving excellence in community organizations. Courses include community focused strategic planning, needs assessment, change strategies, as well as program development, implementation, and evaluation in non-profit community settings. In accordance with their area of interest, students participate in a practicum focused on social and community development.

**TRACK II: COMMUNITY AND PROGRAM DEVELOPMENT (HSDC)**

EPS201 Psychosocial Change and Well-Being  
EPS270 Lifespan Human Development (students who have taken PSY203 may substitute another EPS course.)  
EPS291 Community and Character Development  
EPS321 Understanding Human Service Organizations  
EPS351 Introduction to Statistics and Research Design  
EPS361 Community Psychology and Development  
EPS452 Applied Research and Program Evaluation  
EPS462 Community Consultation and Leadership  
EPS422 Foundations of Human Service Program Administration  
EPS471 Practicum in Human and Social Development  
EPS481 Practicum Seminar

**TRACK II - ELECTIVES (CHOOSE ONE)**

Student may pick one core course from Track I in place of those listed below:  
ESS572 Creative Approaches to Problem Solving and Conflict Management  
MGT304 Organizational Behavior  
MGT360 Effective Leadership  
MGT422 Leading Teams  
MGT457 Nature and Foundations of Entrepreneurship  
POL536 U.S. Health Care Crisis: Politics and Policies  
PSY261 Industrial and Organizational Psychology
Human and Social Development Practicum

The major in Human and Social Development culminates in a practicum in a setting related to students’ area of interest and prepares them for both graduate studies and careers. The practicum serves an integrative function: it allows students to apply their academic training, to further develop their career goals, and to hone their skills while gaining experience in real-world settings.

HSD majors are required to complete the practicum (EPS 471) during their Senior year. Practica are unpaid, supervised experiences that students gain at an off-campus site. Students have the option of doing a three credit hour (minimum 100 hours on site) or six credit hour (minimum 200 hours on site) practicum in accordance with their interest, availability, and other academic and non-academic commitments. Students choose from a menu of settings that have been approved as HSD practicum sites.

Sample Practicum Sites

Switchboard of Miami:
A nonprofit organization that provides the Miami-Dade County community with comprehensive telephone crisis counseling, suicide prevention, information and referral services 24 hours a day, 7 days a week, 365 days a year. The agency also offers free individual and family counseling services and prevention programs for high-risk youth and their families based in local schools.

Early Learning Coalition:
A nonprofit organization dedicated to ensuring early care and education for children in Miami-Dade and Monroe counties. Through a variety of affordable and innovative early education and voluntary pre-kindergarten programs, the Coalition serves more than 50,000 children ages birth to 12 years old and their families.

Human Services Coalition:
Based in Miami, FL, the nonprofit Human Services Coalition (HSC) identifies and launches innovative strategies to help people and communities thrive. HSC works through a network of partner organizations, linking people with financial education, healthcare information, public benefits, and educational and economic opportunities. HSC’s programs promote economic self-sufficiency, participation in civic life and respect across many divides.

Linda Ray Intervention Center:
Serves At-risk babies and toddlers who face serious challenges such as parental substance abuse, the instabilities associated with being in the child welfare system, developmental delays that ultimately have an impact on school readiness, and the lack of access to quality early childhood programs and parenting programs. The LRIC offers specialized intervention programs and provides a “one-stop shopping” environment for this population of children and their families.

Yes Institute:
Strives to prevent suicide and ensure the healthy development of all youth through powerful communication and education on gender and orientation. Their approach is providing education to the caretakers of youth, as well as youth themselves, and empowering them to engage in powerful dialogue on gender and orientation.

Please note: This is a list of some sample sites only. Other sites are available for your consideration.

HSD majors are required to complete a practicum seminar (EPS 481) concurrently with their practicum. The practicum seminar brings theory and research to bear on the students’ practicum experiences, and provides a forum for further professional skill development and growth. Students will complete a major project integrating their experiences.
**Academic Advising**

The goal of undergraduate academic advising at the School of Education is to work with students and support them in the successful and timely completion of their undergraduate studies. Toward that end, academic advisors perform various functions that include:

- Providing information about majors and minors within the school as well as within the university as a whole
- Working closely with students in putting together an Academic Advising Plan (AAP) that will enable students to complete their coursework in a timely fashion, while taking into consideration individual interests, plans (e.g. study abroad), and needs.
- Assisting students in navigating the complex web of undergraduate education
- Providing students with information and linking them to university resources (e.g. Academic Resource Center, writing Center, Counseling Center, etc.) that can enhance their university experience and help them meet their individual goals.
- Monitoring students’ academic progress and assisting them in coming up with a plan of action in such cases where their academic performance is jeopardizing their ability to continue in their program of studies.

Together with the SOE Academic Advisors, students play a vital role in the advising process. Each semester students are required to make an appointment to meet with their Academic Advisor to monitor their progress. During initial advising, SOE Academic Advisors will create a Course Advising Plan (CAP) with each student to assist in planning the student’s program of study. This process is designed to ensure that the student is on track to fulfilling the requirements for graduation in an appropriate time frame. Academic Advisors are available to assist students in meeting their goals, addressing their questions and concerns, and making their undergraduate studies a success.

HSD Academic Advisor  
Robin Shane  
Phone: (305) 284-3826  
E-mail: rshane314@miami.edu
**Future Careers**

In January, 2008, the Bureau of Labor Statistics (www.bls.gov) projected strong growth in professional occupations into the next decade. Over the 2006-16 decade, professional and related occupations and service occupations are expected to grow faster than any other occupational group. Employment in each of those two major occupational groups is projected to increase by 17 percent, compared with 10 percent for overall employment.

As illustrated in the chart below, within “professional and related occupations”, computer and mathematical science occupations are projected to grow by 25 percent—more than twice as fast as the average for all occupations. But growth is projected to be slower than it was during the previous decade as the software industry matures and as routine work is increasingly outsourced abroad. Fast growth in community and social services occupations reflects an aging population expected to require assistance from social service workers” (www.bls.gov).

The HSD major prepares individuals to enter this fast growing job market. The HSD curriculum is designed to prepare students systematically for careers in community programs and human services by teaching them to understand the processes of human development and well-being within groups, neighborhood, and community settings. HSD graduates are well prepared to pursue postgraduate training in social and behavioral sciences, applied disciplines such as counseling, community, or clinical psychology or social work, or for law school.

For more information on careers in human services, go to: http://www.sa.miami.edu/toppel/mainSite/assets/commonfiles/whatCanIDoWithThisMajor/pdf/humanservices.pdf