

KIMBERLY S. HO MISIASZEK

University of Miami Department of Educational & Psychological Studies
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EDUCATION

University of Miami, Coral Gables, FL

Degree: **Ph.D. in Counseling Psychology, (Expected 2019)**
*Completed all academic requirements and passed doctoral qualifying exams
*Dissertation proposal approved September 2017

New York University, New York, NY

Degree: **M.A., Counseling for Mental Health and Wellness**
Graduation: May 2012
Honors: *Magna Cum Laude*

University of Miami, Coral Gables, FL

Degree: **B.S., Communication, Public Relations & Psychology**
Graduation: December 2009
Honors: *Cum Laude, President's & Provost's Honor Roll, Dean's List*

CLINICAL EXPERIENCE

Palm Beach County Youth Services - Highridge Family Center

Psychology Trainee

West Palm Beach, FL

08/2017 – Present

- Provide weekly individual and family, group, and milieu therapy to youth between the ages of 11 and 16 who are at-risk for entering the juvenile justice system in a residential setting that adheres to the Sanctuary Model
- Facilitate 2 groups weekly which include an emotion regulation group, as well as a group that addresses topics relevant to clients' presenting problems such as communication, self-esteem, organizational skills, and healthy relationships
- Contribute positively to the milieu by providing therapeutic interventions when challenges or crises occur such as regrouping residents, highlighting natural consequences, demonstrating empathy, creating a soothing environment through tone and volume of voice, modeling appropriate behaviors, recognizing and praising behavior change, engaging resident in problem solving, and participating in ceremonies that celebrate progress in the program
- Provide monthly 2-hour parent education groups around topics such as communication and behavior management
- Consult with a multidisciplinary treatment team (teachers, behavioral counselors, nurses, case managers, diversion program officers, psychiatrists, courts, etc.) twice per week and as needed, to ensure comprehensive care (2 hours/week)
- Conduct intake assessments and psychological evaluations as necessary
- Participate in weekly individual and group supervision, as well as didactic trainings (5 hours/week)
- Maintain and manage patient files in electronic medical records system

Supervisor: Amanda Terrell, Psy.D.

Mailman Center for Child Development

Advanced Doctoral Practicum

Miami, FL

Rotation 1: Psychological Assessment Service (PAS)

09/2015- 08/2016

*Number of Integrated Reports Completed: **11**

- Conducted comprehensive psychological evaluations with children, adolescents, and families with a wide range of clinical problems including learning disabilities, attention problems, and developmental delays, etc.
- Scored and interpreted wide range of tests including:
 - Behavior Assessment System for Children (BASC-3), Behavior Rating Inventory of Executive Function (BRIEF), Bender-Gestalt, California Verbal Learning Test for Children (CVLT-C), Comprehensive Test of Phonological Processing (CTOPP-2), Conners 3rd Edition, Differential Ability Scales (DAS-II), NEPSY-II, Oral and Written Language Scales (OWLS-II), Revised Children's Manifest Anxiety Scale (RCMAS), Rey Complex Figure Test

(RCFT), Kaufman Test of Educational Achievement-3rd Edition (KTEA-3), Wechsler Individual Achievement Test (WIAT-III), Wechsler Intelligence Scale for Children (WISC-V), Autism Spectrum Rating Scale (ASRS), Social Communication Questionnaire (SCQ), Social Responsiveness Scale (SRS-2), Multidimensional Anxiety Scale for Children (MASC-2), Reynolds Adolescent Depression Scale (RAD-2), Beery VMI, Gray Oral Reading Tests (GORT-5), and Rapid Automatized Naming and Rapid Alternating Stimulus Test (RAN/RAS).

- Provided written reports with evidence-based recommendations to parents, teachers, and professionals
- Conducted feedback sessions with parent or other appropriate parties, and followed-up on treatment recommendations
- Attended weekly supervision and weekly case conference meetings

Supervisor: Monica Dowling, Ph.D.

Rotation 2: Behavioral Pediatric Clinic (BPC)

09/2015 - 02/2016

BPC is an interdisciplinary medical and outpatient therapy clinic where psychologists and physicians work together to diagnose and treat a variety of common childhood behavioral and emotional problems including: ADHD, disruptive behavior, enuresis, depression, anxiety, ODD, etc.

- Conducted intake evaluations/clinical interviews, administered relevant assessment measures, and formulated case conceptualizations
- Provided evidence-based psychotherapy with children ages 2 to 21 and evidence-based parent training with parents (e.g. Coping Cat, Barkley's Defiant Children, Barkley's Defiant Teen)
- Attended weekly individual supervision and weekly case conference meetings

Supervisors: Amber Daigre, Ph.D. and Veronica Accornero, Ph.D.

Rotation 3: Pediatric Medical Coping Clinic (PM Cope)

02/2016-08/2016

PM Cope is a distinct therapy clinic for children and families whose children have medical diagnoses.

- Conducted intake interviews, selected and administered relevant assessment instruments, and formulated case conceptualizations
- Provided empirically supported individual and family outpatient psychotherapy with children ages 2 to 21 with a primary medical diagnosis.
 - Health diagnoses included: Type I diabetes, endocrine disorder, bilateral chronic otomastoiditis, renal dysphasia, and Von Willebrand disease
 - Issues include: psychosocial and adjustment issues, pain management, medication/regimen adherence, and other overlapping medical, interpersonal, and psychosocial difficulties (e.g. bullying, academic difficulties, parent depression/anxiety after diagnosis)

Supervisor: Alan Delamater, Ph.D.

Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Trainee

09/2015-08/2016

- Attended a month-long rotation on "Understanding the Family Perspective" which helped build understanding of the issues and concerns of families with a child with a disability or special chronic health care need. The following topics were covered: Delivering Diagnostic News, Receiving Diagnostic News, Growing Up with a Chronic Illness, Building Family Centeredness, Interdisciplinary Teaming, Understanding Advocacy, Tour of Assistive Technology Lab and Transitioning
- Completed online training modules on: Family-Centered Care, Interdisciplinary Teams, Cultural Competency, Advocacy, Transition to Adult Systems of Care, Autism: Screening, Diagnosis and Treatment, and Social Determinants of Health
- Attended Grand Rounds and Interdisciplinary Leadership Seminar Series
- Completed an individual advocacy project that identified and addressed a gap in service where advocacy was needed, supervised by Rochelle Baer, LCSW: *My project sought to expand dance/movement after-school opportunities for children with Autism Spectrum Disorder*

University of Miami Tobacco Obesity and Oncology Lab (TOOL)

Coral Gables, FL

Graduate Research Associate

06/2015 – 09/2015

- Co-led CBT groups for a smoking cessation intervention for primarily African-American and Hispanic adults for a James and Esther King Biomedical Research Program Funded RCT that sought to reduce disparities in lung cancer
- Created PowerPoint presentations for chronic health conditions such as lung cancer, diabetes, colon and rectal cancer and hypertension
- Screened participants for inclusion in the RCT, completed and entered participant records, and coded and cleaned data

Supervisor: Monica Hooper, Ph.D.

Institute for Individual and Family Counseling*Doctoral Practicum in Assessment***Coral Gables, FL**

01/2015 – 06/2016

*Completed 2 comprehensive Reports- 1 adult, 1 adolescent

- Administered psychological assessments to assess cognitive, emotional, and behavioral functioning
- Hand scored and interpreted tests: WIAT-III, WISC-V, MMPI-A, Conners 3, BASC-2, TAT, MCMI-III, WRAT
- Conducted clinical interviews with families
- Conducted feedback sessions with families to discuss assessment results and recommendations

Supervisor: Lauren Miller, Psy.D.

Institute for Individual and Family Counseling*Doctoral Practicum in Counseling***Coral Gables, FL**

06/2014 – 12/2014

- Provided individual and couple counseling to individuals seeking services in the Miami-Dade community, primarily using Time-Limited Dynamic Psychotherapy (TLDP)
- Conducted screening and intake assessments as needed
- Received weekly individual and group supervision focused on case conceptualization, documentation, and concerns related to clinical practice
- Attended bi-monthly in-service trainings on topics relevant to the population served

Supervisor: Manuela Menendez, Psy.D.

University of Miami*Children's Branch Program Coordinator/Group Facilitator/Consultant***Coral Gables, FL**

08/2013 – Present

From 2013-2016, I managed all aspects of the implementation of the Children's Branch, a component of a community-based, empirically-supported parenting program for ethnically diverse parents and children. The Children's Branch focuses on children's individual and community identities with particular focus on their racial and cultural identities, as well as relevant practices of dialogue and communication. Responsibilities included:

- Facilitating the group curriculum for 15 to 20 children between the ages of 6 and 12
- Managing recruitment, training, scheduling, and on-site management of volunteers for the program.
- Collaborating with School of the Communication faculty and students to enhance our curriculum using game design and technology and assist in employing a service learning aspect to their course: Game Design for Social Change
- Writing weekly progress notes on each session, and mid-year and yearly reports for funders.
- Maintaining a professional working relationship with directors of the neighborhood community center
- Designing program materials and planning mid-year and yearly celebration event
- Currently, I serve as a consultant to the new program coordinator

Supervisor: Guerda Nicolas, Ph.D.

Drug Abuse Treatment Association*Walter D. Kelly Center Residential Therapist***West Palm Beach, FL**

06/2012 – 04/2013

- Provided weekly individual and family counseling using CBT, DBT, MI, and Seeking Safety to a caseload of 10 adolescents with substance abuse and juvenile delinquency problems and provided case management services as needed
- Provided daily 1-hour groups on a variety of topics such as healthy relationships, emotion regulation, communication skills, social skills, and self-confidence, etc.
- Provided screening, intake, orientation, crisis and emergency services
- Conducted comprehensive bio-psychosocial strengths-based assessments of clients' supports and needs related to co-occurring conditions and evaluated ASAM level of care
- Administered evidence-based assessment tools (CRAFT, URICA, BECK)
- Provided trauma-informed care, resources, and information to clients about co-occurring conditions and the skills most effective in managing their challenges
- Developed comprehensive discharge plans identifying post-discharge needs, client's strengths, needs, abilities and preferences and inclusive of referrals to community services and aftercare programs
- Attended weekly group supervision and individual supervision

Supervisor: Nicole Playton, LMFT

- Provided individual and family counseling services to a caseload of 6 clients, between the ages of 3 to 18 who witnessed domestic violence
- Conducted phone screenings to determine child eligibility for services, and conducted intake interviews
- Developed treatment plans and applied various treatment approaches (TF-CBT, Play Therapy), depending upon client needs
- Administered assessments to determine service needs for children who have witnessed domestic violence
- Implemented and facilitated 2 youth support groups in collaboration with New York University
- Provided advocacy and case management as needed.
- Attended weekly 2-hour seminars related to domestic violence e.g. Dynamics of Domestic Violence and the Impact of Domestic Violence on Children, etc.)
- Attended bi-weekly Sanctuary for Families clinical meetings held at the QFJC.
- Participated in 1 to 1.5 hours of weekly supervision
- Completed and submitted 2 process recordings weekly

Supervisor: Erin Salvatore, LCSW

PUBLICATIONS

Peer Reviewed Manuscripts:

Nicolas, G., Byer, K., & **Ho, K.** (2015). Implementing culturally sensitive and sustainable mental health programs internationally: Lessons from Haiti. *International Journal of Culture and Mental Health*, 8(4), 446-457

Ali, A., Mowry, R., & **Ho, K.** (2011). Collective action and emancipatory aims: Applying principles of feminist practice in a shelter for domestic violence survivors with disabilities. In *Barbara Fiduccia Papers on Women with Disabilities*.

Manuscripts Under Review:

Nicolas, G., Rios, N., Wheatley, A., Addae, D., **Ho Misiaszek, K.**, Simmons, A., Zambrano, K., Janac, N., Quessa, S. A closer look at the use of depression measures among Blacks in the US: A call to action. Submitted to the *Journal of Black Psychology*, April 2017

Manuscripts in Progress

Ho Misiaszek, K. Giving Voice to Children: Identity development and awareness within a racial and ethnic socialization program.

Nicolas, G., St. Louis, G., **Ho Misiaszek, K.**, & Janac, N. Building mental health capacity among health professionals in Haiti.

PRESENTATIONS

Ho Misiaszek, K. (2017, April). *Chinese Jamaicans: A Tapestry That is Continuously Being Woven*. Paper presentation presented at the Center for Latin American Studies' Tri-University Graduate Student Conference, Boca Raton, FL.

Ho, K. (2016, November). *The role of identity and positive caregiver relationships in fostering ethnically diverse children's well-being and development: An overview of children's branch*. Poster session presented at the International Association for the Study of Attachment Conference, Miami, FL.

Ho, K. (2015, August). *Religion and Developmental Psychopathology*. Symposium presentation: Religion as a Context of Development at the American Psychological Association's Annual Convention, Toronto, Canada.

Ho, K. (2014, November). *An exploratory mind map of children's experiences and identity in a racial and ethnic socialization program*. Poster session presented at the 2nd Caribbean Regional Conference of Psychology, Paramaribo, Suriname.

Ho, K. (2014, September). *Giving Voice to Children: An exploratory study on young children's experiences in a racial and ethnic socialization program*. Roundtable Presentation at the Center for Culturally Responsive Evaluation and Assessment's 2nd Annual Conference, Chicago, IL.

Ho, K. (2014, May) *Nourishing the Whole Child: How can we take a preventive approach to children's mental health and overall well-being while enhancing their performance in school?* Individual presentation for the Teacher's Mental Health Training Program, L'Archaie, Haiti.

RESEARCH EXPERIENCE

University of Miami, Department of Educational and Psychological Sciences
Research Assistant

Coral Gables, FL
08/2013 – Present

Challenging Racism and Empowering Communities Through Ethnocultural Research (CRECER) Research Assistant:

The CRECER team is a community-based participatory research team committed to social justice for ethnic minorities and immigrant populations through academic research and community intervention and engagement.

- Conduct literature reviews for grants, outreach programs, and team manuscripts
- Author, edit, and review team manuscripts for publication
- Assist in community based research projects and programs in various capacities outlined below:

Strong Roots Parenting Program and Children's Branch, West Coconut Grove, FL

Program Outreach Director/Group Facilitator/Consultant *Description and duties listed under clinical experience

Caribbean Regional Conference of Psychology (CRCP)

- Assist in the planning and facilitation of the biennial conference
- Logo design and website development/management

Day of Dialogue

- Assist in the planning and facilitation of the annual Day of Dialogue, whereby CRECER partners with local community leaders to identify community needs and develop strategies to address them

Depression Project

- The objective of this project is to understand the cultural significance, expression, and coping responses associated with depression symptoms among Blacks.

Urgent Inc., YES Camp!

- Conduct pre-and post-summer assessments for an all-girls' summer camp focused on racial/ethnic identity and hope
- Analyze data and produce summary reports for the summer camp organizers

Research Advisor: Guerda Nicolas, Ph.D.

University of Michigan
Research Assistant

Ann Arbor, MI
06/2016 – Present

People of Caribbean and West Indian Descent (PCWID) and Caribbean Migrations-Jamaica Return Migrant Studies (CM-JRMS)

Publication Camp Participant: This is a research project that collects data on Jamaican return migrants and aspects related to their physical health, mental health, attitudes toward migration, life satisfaction, race relations, trauma, domestic violence, personality, resilience and other variables.

- Co-author manuscripts for publication with interdisciplinary team members which include developing conceptual frame for the papers, conducting literature reviews and running preliminary analyses

Research Advisor: Ishtar Govia, Ph.D.

New York University, Department of Applied Psychology
Research Assistant

New York, NY
02/2011 – 05/2012

- Co-developed a digital photography intervention called photoCLUB that was conducted in a weekly, 5-session group (90 minutes) format and aimed to empower victims of domestic violence (DV) with disabilities
- Consulted with principal investigator to implement and facilitate photoCLUB at pilot sites including a shelter for women with disabilities who experienced DV and a community-based agency for women and their children who experienced DV

- Wrote process notes on each session for future data analysis

Research Advisor: Alisha Ali, Ph.D.

University of Miami, Department of Psychology

Research Assistant

Coral Gables, FL

08/2009 – 07/2010

- Piloted and fine-tuned study protocols in government-granted research studies on aversive interpersonal events, psychopathology, and health
- Trained other research assistants to execute data collection and entry
- Entered, cleaned, organized and managed data in SPSS from a 5-year NIMH study
- Independently ran study subjects (groups and individuals) through various research studies
- Transcribed and prepared interviews for LIWC (Linguistic Inquiry and Word Count) coding

Research Advisor: Michael E. McCullough, Ph.D.

OTHER PROFESSIONAL EXPERIENCE

University of Miami, Institute for Individual and Family Counseling (UM IIFC)

Graduate Assistant to Clinic Director

Coral Gables, FL

09/2015 – 06/2016

The clinic serves individuals in the community on a sliding scale fee from children to older adults in a variety of modes- individual, couple, family, and group

- Assisted the office manager with case referrals, telephone screenings, and other tasks that ensured smooth clinic operations
- Trained new cohort of clinic therapists with clinic procedures and software
- Provided ongoing peer supervision to clinicians
- Managed clinic database (over 500 clients) and developed survey reports to provide clinicians with feedback on client outcomes (e.g. depression, anxiety, and overall well-being)
- Assisted in the organization and operation of the assessment lab

Supervisor: Dr. Lissette Perez-Lima

SportsMemorabilia.com

E-Commerce Marketing & Sales Associate

Miami Beach, FL

01/2010 – 07/2010

- Established new affiliate website links for the company using SEO tactics
- Handled high volumes of sales calls and customer service issues
- Edited and categorized thousands of products on company website using content management systems
- Scouted websites of reputable companies with which to build partnerships
- Developed and maintained strong relationships with company vendors

Supervisor: Stefan Tesoriero, MBA

University of Miami, Center for Latin American Studies (CLAS)

Public Relations Assistant

Coral Gables, FL

02/2007 – 05/2009

- Generated publicity for CLAS's Distinguished Speaker Series within the University & South Florida area
- Built CLAS's first media list, media deadline grid and E-Newsletter
- Managed CLAS's website and semester budget
- Planned and oversaw special events by organizing lunch menus, venues and guest lists
- Managed daily administrative tasks such as the processing of reimbursements

Supervisor: Steve Stein, Ph.D.

TEACHING EXPERIENCE

University of Miami, Coral Gables, FL

Teaching Assistant: 06/2017 – present

Course: Preparing Future Faculty (PFF)

Professor: Lydia P. Buki, Ph.D.

- Assist in the development of course syllabi for first, second, and third year doctoral students
- Identify topics relevant to each cohort, locate and review research articles for course content
- Design course assignment projects for each cohort
- Prepare PowerPoints on course content
- Presented on “Tips for Success in Graduate School”

Teaching Assistant: 3/25/15 – present

Course: Lifespan Human Development

Teacher: Austen Anderson

- Graded and provided feedback on student assignments
- Facilitated in-class group exercises

Guest Lecturer: 2/27/2014

Course: Introduction to Counseling and Psychotherapy

Teacher: Daniel Sheridan, M.S. Ed.

- Presented a 50-minute lecture on Person Centered Therapy

SCHOLARSHIPS & AWARDS

<u>Scholarship/Award</u>	<u>Amount</u>	<u>Date</u>
Center for Latin American Studies Tri-University Graduate Student Paper Competition – Honorable Mention Given to a graduate student who submits a paper and presents original research in a variety of disciplines such as History, Anthropology, Political Science, and Cultural Studies	\$500	04/2017
University of Miami Graduate Travel Award in the Social, Behavioral and Economic Sciences Travel award to assist underrepresented graduate students present their research at academic conferences	\$1,150	10/2014
University of Miami Graduate Activity Fee Allocation Committee Award Award to assist graduate students present at conferences	\$375	09/2014
NYU Steinhardt Graduate Scholarship Offered to academically talented graduate students	\$14,000	08/2010 – 05/2012
NYU Adrian Levy Scholarship Recognizes graduate students who have demonstrated practice and scholarship with individuals with Disabilities (e.g. physical, cognitive, developmental)	\$1,000	05/2011
Ev Clay/Public Relations Society of America Student Award Recognizes promising public relations students who have demonstrated exceptional leadership and academic accomplishments	\$750	10/2009
UM Excellence in Public Relations Award Awarded to a graduating senior who demonstrated excellence in the public relations major	n/a	12/2009

UM Ambassador Sue M. Cobb Scholarship

\$16,000

08/2006 – 12/2009

Awarded to one Jamaican undergraduate student who demonstrated significant academic achievement

LEADERSHIP AND SERVICE

Caribbean Alliance for National Psychological Associations (CANPA)

Planning Committee Member, 2013 – present

University of Miami Disciplinary Hearing Panel

Title IX Panelist, 2015 – present

Counseling Doctoral Student Organization (CDOCS)

President, 2014 – 2015

Current Psychology

Ad-Hoc Reviewer, 2014 – 2016

American Psychological Association (APA) Division 52

Campus Representative, 2014 – 2017

New York University South Florida Alumni Club

Director, 2012 – 2014

New York University Student Counseling Association (SCA)

Student Representative, 2011 – 2012

University of Miami Public Relations Student Society of America (UM-PRSSA)

Vice President, 2008 – 2009

PROFESSIONAL MEMBERSHIPS

American Psychological Association (APA)

Student Affiliate of Division 17, 29, 36, 45, 52, and 53, 2011 – present

Catholic Psychotherapy Association (CPA)

Student Member, 2014 – present

Psi-Chi, International Honor Society in Psychology

Member, 2007 – present

National Society of Collegiate Scholars

Member, 2007 – present

CERTIFICATIONS

Power Pilates

Pilates Mat Instructor, 2011

Associated Board of the Royal Schools of Music (ABRSM)

Grade 8 Piano, 1995 – 2005

Royal Academy of Dance (RAD)

Advanced Level Ballet with Distinction, 1992 – 2004

ADVANCED TRAININGS

Preparing Future Faculty (PFF), University of Miami, School of Education, 08/2013 – present

Moving the Margins, LGBTQ, Palm Beach County Youth Services Department, 10/18/2017